



## 104TH GENERAL ASSEMBLY

### State of Illinois

2025 and 2026

HB3447

Introduced 2/18/2025, by Rep. Laura Faver Dias

#### SYNOPSIS AS INTRODUCED:

105 ILCS 25/1.30 new

Amends the Interscholastic Athletic Organization Act. Provides that an association or other entity that has as one of its purposes promoting, sponsoring, regulating, or in any manner providing for interscholastic athletics or any form of athletic competition among schools and students within this State shall require high school coaching personnel to complete annual training on youth mental health best practices. Requires the training to include information about athlete nutrition and eating disorders.

LRB104 11067 LNS 21149 b

1 AN ACT concerning education.

2 **Be it enacted by the People of the State of Illinois,**  
3 **represented in the General Assembly:**

4 Section 5. The Interscholastic Athletic Organization Act  
5 is amended by adding Section 1.30 as follows:

6 (105 ILCS 25/1.30 new)

7 Sec. 1.30. Youth mental health training for coaches. An  
8 association or other entity that has as one of its purposes  
9 promoting, sponsoring, regulating, or in any manner providing  
10 for interscholastic athletics or any form of athletic  
11 competition among schools and students within this State shall  
12 require high school coaching personnel to complete annual  
13 training on youth mental health best practices. The training  
14 shall include information about athlete nutrition and eating  
15 disorders.