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1 HOUSE RESOLUTION 2 WHEREAS, Facioscapulohumeral muscular dystrophy, or FSHD, 3 is a genetic neuromuscular disease that leads to the weakening 4 of skeletal muscles; and 5 WHEREAS, FSHD gets its name from the muscles affected in 6 the face (facio), shoulder girdle (scapulo), and upper arms 7 (humeral); and 8 WHEREAS, Individuals with FSHD, like those with other rare 9 disorders, often experience challenges in obtaining a timely 10 diagnosis, which takes an average of nine years for this 11 condition; and 12 WHEREAS, An estimated 1 in 8,000 individuals, or 40,000 13 Americans, are living with FSHD; and 14 WHEREAS, FSHD symptoms can develop at any age, from infancy through adulthood, and can differ in the pattern and 15 severity of muscle weakness; and 16 17 WHEREAS, Approximately 20 percent of individuals with FSHD 18 will become dependent on a wheelchair or scooter; and 19 WHEREAS, Patients with FSHD can develop respiratory 1 insufficiency, which can be fatal, especially in surgical or

- 2 trauma settings; and
- 3 WHEREAS, The majority of individuals with FSHD experience
- 4 chronic pain and fatigue, which may severely limit daily
- 5 activities; and
- 6 WHEREAS, The loss of upper body mobility is a debilitating
- 7 symptom of the disease that can significantly impact the
- 8 ability to perform daily tasks; and
- 9 WHEREAS, There is a critical need for continued research
- and development of new treatments for FSHD; therefore, be it
- 11 RESOLVED, BY THE HOUSE OF REPRESENTATIVES OF THE ONE
- 12 HUNDRED FOURTH GENERAL ASSEMBLY OF THE STATE OF ILLINOIS, that
- we declare June 20, 2025 as FSHD Awareness Day in the State of
- 14 Illinois.