



HR0754

LRB104 21262 MST 35956 r

1 HOUSE RESOLUTION

2 WHEREAS, Food is the substance by which life is sustained;  
3 and

4 WHEREAS, The type, quality, and amount of food that  
5 individuals consume each day plays a vital role in their  
6 overall health and physical fitness; and

7 WHEREAS, There is a continuing need for nutrition  
8 education and a wide-scale effort to enhance healthy eating  
9 practices; therefore, be it

10 RESOLVED, BY THE HOUSE OF REPRESENTATIVES OF THE ONE  
11 HUNDRED FOURTH GENERAL ASSEMBLY OF THE STATE OF ILLINOIS, that  
12 we declare March 2026 as Nutrition Month in the State of  
13 Illinois; and be it further

14 RESOLVED, That we encourage all citizens to support  
15 Nutrition Month and to consider their nutrition and the  
16 nutrition of others in the hope of achieving optimum health  
17 for both today and tomorrow.