



SJ0052

LRB104 19294 ECR 32740 r

1 SENATE JOINT RESOLUTION

2 WHEREAS, Menopause and perimenopause impact every woman in
3 Illinois who lives to reach midlife, affecting 51% of our
4 State population; and

5 WHEREAS, Women can experience menopause and perimenopause
6 symptoms, including brain fog, fatigue, insomnia, chills, hot
7 flashes, sleep disturbance, depression, and anxiety, anywhere
8 between two to ten years; and

9 WHEREAS, Ninety-four percent of women report being
10 inadequately informed about menopause and other common female
11 health issues; and

12 WHEREAS, Seventy percent of women who seek medical care
13 for menopause symptoms do not receive the necessary treatment,
14 and only 19% of women aged 40 to 60 receive a menopause
15 diagnosis; and

16 WHEREAS, Seventy-three percent of women are not treating
17 their menopause symptoms, leading to unnecessary health risks
18 and economic burdens; and

19 WHEREAS, The long-term effects of untreated perimenopause
20 and menopause symptoms can increase risks for cardiovascular

1 disease, osteoporosis, Alzheimer's disease, and diabetes; and

2 WHEREAS, Training in the delivery of menopause care for
3 medical students and physicians is severely lacking, and there
4 are fewer than 100 physicians certified as menopause health
5 professionals in Illinois; and

6 WHEREAS, It is estimated about \$150 billion is lost
7 globally due to menopause symptoms affecting worker
8 productivity; and

9 WHEREAS, Many critical questions about caring for women
10 experiencing menopause remain unanswered due to a lack of
11 research; and

12 WHEREAS, Lieutenant Governor Juliana Stratton and the
13 Illinois Council of Women and Girls have made this topic a
14 priority in their work and aim to lead the nation in advocating
15 for perimenopause and menopause policies; and

16 WHEREAS, It is imperative to raise awareness about the
17 expansive effects that menopause and perimenopause have on
18 women's health and how women can advocate for themselves;
19 therefore, be it

20 RESOLVED, BY THE SENATE OF THE ONE HUNDRED FOURTH GENERAL

1 ASSEMBLY OF THE STATE OF ILLINOIS, THE HOUSE OF
2 REPRESENTATIVES CONCURRING HEREIN, that we declare October 11
3 through October 17, 2026 as Menopause Awareness Week in the
4 State of Illinois.