**Section 701.260 Recreation and Leisure Time**

a) All construction designs submitted for approval after publication of these standards must include an exercise room or yard of sufficient area to allow strenuous physical exercise. A day room may be designated as an exercise room provided the minimum standards for exercise areas are met.

b) The exercise area shall be appropriately equipped and utilized within the limitations of security requirements.

c) Detainees shall be allowed in the exercise area for no less than one hour per day unless the jail administrator determines that participation in such activity by a particular detainee or group is harmful or dangerous to the security or morale of the facility.

d) Recreation and leisure time activities should be planned and scheduled.

e) Tools and material that could be used for unauthorized purposes must be carefully controlled.

(Source: Amended at 38 Ill. Reg. 18859, effective October 1, 2014)