**Section 720.80 Food**

Three meals per day shall be furnished.

a) Food must be of sufficient nutritional value and provide a daily minimum of 1,800 to 2,000 calories for adults and 2,500 to 3,000 calories for juveniles.

b) Food quantity must be sufficient to satisfy, within reason, the detainee's needs.

c) Meals shall be provided at reasonable and proper intervals, that is, adhering to recognized breakfast, lunch, and dinner schedules.

d) A drink other than water shall be served with each meal.

e) Of the three daily meals provided, at least one shall be a balanced and complete hot meal if the detainee is confined for longer than 24 hours.

f) Special diets shall be adhered to when prescribed by a jail physician, clinic, or hospital designated by the Chief of Police.

g) A copy of the menu served shall be maintained for a period of three months.

h) Detainees shall be served in their cells or detention rooms.

(Source: Amended at 22 Ill. Reg. 19227, effective November 1, 1998)