**Section 2603.230 Recreation and Leisure Time**

a) Introduction

1) Recreation activities play a major role in the development of children. Recreation should enhance sportsmanship, coordination, and peer acceptance.

2) Recreation should be heavily programmed for after school hours, weekends, and holidays.

b) Minimum Standards

1) Recreation

Vigorous physical activities, indoor and out, shall be a part of the daily schedule. Passive indoor activities, in addition to television viewing and radio listening, shall be included. The indoor and outdoor recreational program shall include the use of recreational resources available in the community.

2) Exercise Area

An exercise room and a yard of sufficient area to allow strenuous physical exercises must be accessible.

3) Written Policy

There shall be a written policy covering day-to-day exercise activities and schedules.