1 AN ACT concerning education.

## 2 Be it enacted by the People of the State of Illinois, 3 represented in the General Assembly:

4 Section 5. The Department of Public Health Powers and 5 Duties Law of the Civil Administrative Code of Illinois is 6 amended by adding Section 2310-307 as follows:

7 (20 ILCS 2310/2310-307 new)

Sec. 2310-307. Concussion brochure. As used in this 8 9 Section, "concussion" and "interscholastic athletic activity" have the meaning ascribed to those terms under Section 22-80 of 10 the School Code. The Department shall, subject to 11 12 appropriation, develop, publish, and disseminate a brochure to educate the general public on the effects of concussions in 13 14 children and discuss how to look for concussion warning signs in children, including, but not limited to, delays in the 15 learning development of children. The brochure shall be 16 distributed free of charge by schools to any child or the 17 parent or guardian of a child who may have sustained a 18 concussion, regardless of whether or not the concussion 19 occurred while the child was participating in 20 an 21 interscholastic athletic activity.

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Section 10. The School Code is amended by changing Section

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1 22-80 as follows:

(105 ILCS 5/22-80)

3 Sec. 22-80. Student athletes; concussions and head 4 injuries.

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(a) The General Assembly recognizes all of the following:

6 (1) Concussions are one of the most commonly reported 7 injuries in children and adolescents who participate in sports and recreational activities. The Centers for 8 9 Disease Control and Prevention estimates that as many as 10 3,900,000 sports-related and recreation-related 11 concussions occur in the United States each year. A 12 concussion is caused by a blow or motion to the head or 13 body that causes the brain to move rapidly inside the 14 skull. The risk of catastrophic injuries or death are 15 significant when a concussion or head injury is not 16 properly evaluated and managed.

(2) Concussions are a type of brain injury that can 17 18 range from mild to severe and can disrupt the way the brain 19 normally works. Concussions can occur in any organized or 20 unorganized sport or recreational activity and can result 21 from a fall or from players colliding with each other, the 22 ground, or with obstacles. Concussions occur with or 23 without loss of consciousness, but the vast majority of concussions occur without loss of consciousness. 24

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(3) Continuing to play with a concussion or symptoms of

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a head injury leaves a young athlete especially vulnerable 1 2 to greater injury and even death. The General Assembly 3 recognizes that, despite having generally recognized return-to-play standards for concussions 4 and head 5 injuries, some affected youth athletes are prematurely 6 returned to play, resulting in actual or potential physical 7 injury or death to youth athletes in this State.

(4) Student athletes who have sustained a concussion 8 9 may need informal or formal accommodations, modifications 10 of curriculum, and monitoring by medical or academic staff 11 until the student is fully recovered. To that end, all 12 schools are encouraged to establish a return-to-learn is based on peer-reviewed scientific 13 protocol that evidence consistent with Centers for Disease Control and 14 Prevention guidelines and conduct baseline testing for 15 16 student athletes.

17 (b) In this Section:

18 "Athletic trainer" means an athletic trainer licensed 19 under the Illinois Athletic Trainers Practice Act who is 20 working under the supervision of a physician.

"Coach" means any volunteer or employee of a school who is responsible for organizing and supervising students to teach them or train them in the fundamental skills of an interscholastic athletic activity. "Coach" refers to both head coaches and assistant coaches.

26 "Concussion" means a complex pathophysiological process

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1 affecting the brain caused by a traumatic physical force or 2 impact to the head or body, which may include temporary or 3 prolonged altered brain function resulting in physical, 4 cognitive, or emotional symptoms or altered sleep patterns and 5 which may or may not involve a loss of consciousness.

6 "Department" means the Department of Financial and 7 Professional Regulation.

8 "Game official" means a person who officiates at an 9 interscholastic athletic activity, such as a referee or umpire, 10 including, but not limited to, persons enrolled as game 11 officials by the Illinois High School Association or Illinois 12 Elementary School Association.

13 "Interscholastic athletic activity" means any organized school-sponsored or school-sanctioned activity for students, 14 generally outside of school instructional hours, under the 15 direction of a coach, athletic director, or band leader, 16 17 including, but not limited to, baseball, basketball, cheerleading, cross country track, fencing, field hockey, 18 football, golf, gymnastics, ice hockey, lacrosse, marching 19 20 band, rugby, soccer, skating, softball, swimming and diving, and outdoor), ultimate 21 tennis, track (indoor Frisbee, 22 volleyball, water polo, and wrestling. All interscholastic 23 athletics are deemed to be interscholastic activities.

24 "Licensed healthcare professional" means a person who has 25 experience with concussion management and who is a nurse, a 26 psychologist who holds a license under the Clinical HB4226 Enrolled - 5 - LRB100 15846 AXK 30957 b

Psychologist Licensing Act and specializes in the practice of neuropsychology, a physical therapist licensed under the Illinois Physical Therapy Act, an occupational therapist licensed under the Illinois Occupational Therapy Practice Act, a physician assistant, or an athletic trainer.

6 "Nurse" means a person who is employed by or volunteers at 7 a school and is licensed under the Nurse Practice Act as a 8 registered nurse, practical nurse, or advanced practice 9 registered nurse.

10 "Physician" means a physician licensed to practice 11 medicine in all of its branches under the Medical Practice Act 12 of 1987.

"Physician assistant" means a physician assistant licensedunder the Physician Assistant Practice Act of 1987.

15 "School" means any public or private elementary or 16 secondary school, including a charter school.

17 "Student" means an adolescent or child enrolled in a 18 school.

(c) This Section applies to any interscholastic athletic activity, including practice and competition, sponsored or sanctioned by a school, the Illinois Elementary School Association, or the Illinois High School Association. This Section applies beginning with the 2016-2017 school year.

(d) The governing body of each public or charter school and
 the appropriate administrative officer of a private school with
 students enrolled who participate in an interscholastic

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athletic activity shall appoint or approve a concussion 1 2 oversight team. Each concussion oversight team shall establish a return-to-play protocol, based on peer-reviewed scientific 3 evidence consistent with Centers for Disease Control and 4 5 Prevention quidelines, for а student's return to 6 interscholastic athletics practice or competition following a 7 force or impact believed to have caused a concussion. Each 8 concussion oversight team shall also establish а 9 return-to-learn protocol, based on peer-reviewed scientific 10 evidence consistent with Centers for Disease Control and 11 Prevention guidelines, for a student's return to the classroom 12 after that student is believed to have experienced a concussion, whether or not the concussion took place while the 13 14 student was participating in an interscholastic athletic 15 activity.

16 Each concussion oversight team must include to the extent 17 practicable at least one physician. If a school employs an athletic trainer, the athletic trainer must be a member of the 18 19 school concussion oversight team to the extent practicable. If 20 a school employs a nurse, the nurse must be a member of the 21 school concussion oversight team to the extent practicable. At 22 a minimum, a school shall appoint a person who is responsible 23 for implementing and complying with the return-to-play and 24 return-to-learn protocols adopted by the concussion oversight 25 team. At a minimum, a concussion oversight team may be composed 26 of only one person and this person need not be a licensed

healthcare professional, but it may not be a coach. A school may appoint other licensed healthcare professionals to serve on the concussion oversight team.

(e) A student may not participate in an interscholastic 4 5 athletic activity for a school year until the student and the 6 student's parent or quardian or another person with legal 7 authority to make medical decisions for the student have signed 8 a form for that school year that acknowledges receiving and 9 reading written information that explains concussion 10 prevention, symptoms, treatment, and oversight and that 11 includes guidelines for safely resuming participation in an 12 athletic activity following a concussion. The form must be approved by the Illinois High School Association. 13

(f) A student must be removed from an interscholastic athletics practice or competition immediately if one of the following persons believes the student might have sustained a concussion during the practice or competition:

18 (1) a coach;

19 (2) a physician;

20 (3) a game official;

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(4) an athletic trainer;

(5) the student's parent or guardian or another person with legal authority to make medical decisions for the student;

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(6) the student; or

(7) any other person deemed appropriate under the

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school's return-to-play protocol.

2 (g) A student removed from an interscholastic athletics 3 practice or competition under this Section may not be permitted 4 to practice or compete again following the force or impact 5 believed to have caused the concussion until:

(1) the student has been evaluated, using established 6 7 protocols based on peer-reviewed scientific medical 8 evidence consistent with Centers for Disease Control and 9 Prevention guidelines, by a treating physician (chosen by 10 the student or the student's parent or quardian or another 11 person with legal authority to make medical decisions for 12 the student), an athletic trainer, an advanced practice registered nurse, or a physician assistant; 13

14 (2) the student has successfully completed each 15 requirement of the return-to-play protocol established 16 under this Section necessary for the student to return to 17 play;

18 (3) the student has successfully completed each 19 requirement of the return-to-learn protocol established 20 under this Section necessary for the student to return to 21 learn;

(4) the treating physician, the athletic trainer, or the physician assistant has provided a written statement indicating that, in the physician's professional judgment, it is safe for the student to return to play and return to learn or the treating advanced practice <u>registered</u> nurse 1 2 has provided a written statement indicating that it is safe for the student to return to play and return to learn; and

3 (5) the student and the student's parent or guardian or 4 another person with legal authority to make medical 5 decisions for the student:

6 (A) have acknowledged that the student has 7 completed the requirements of the return-to-play and 8 return-to-learn protocols necessary for the student to 9 return to play;

10 have provided the treating physician's, (B) 11 athletic trainer's, advanced practice registered 12 nurse's, or physician assistant's written statement 13 under subdivision (4) of this subsection (q) to the 14 responsible for compliance with the person 15 return-to-play and return-to-learn protocols under 16 this subsection (g) and the person who has supervisory 17 responsibilities under this subsection (g); and

18 (C) have signed a consent form indicating that the19 person signing:

20 (i) has been informed concerning and consents 21 to the student participating in returning to play 22 in accordance with the return-to-play and 23 return-to-learn protocols;

(ii) understands the risks associated with the
student returning to play and returning to learn
and will comply with any ongoing requirements in

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the return-to-play and return-to-learn protocols;
 and

3 (iii) consents to the disclosure to appropriate persons, consistent with the federal 4 5 Health Insurance Portability and Accountability Act of 1996 (Public Law 104-191), of the treating 6 7 physician's, athletic trainer's, physician 8 assistant's, or advanced practice registered 9 nurse's written statement under subdivision (4) of 10 this subsection (a) and, if the any, 11 return-to-play and return-to-learn recommendations 12 of the treating physician, the athletic trainer, 13 the physician assistant, or the advanced practice 14 registered nurse, as the case may be.

A coach of an interscholastic athletics team may not authorize a student's return to play or return to learn.

17 district superintendent or the superintendent's The designee in the case of a public elementary or secondary 18 19 school, the chief school administrator or that person's 20 designee in the case of a charter school, or the appropriate 21 administrative officer or that person's designee in the case of 22 a private school shall supervise an athletic trainer or other 23 person responsible for compliance with the return-to-play 24 protocol and shall supervise the person responsible for compliance with the return-to-learn protocol. The person who 25 26 has supervisory responsibilities under this paragraph may not

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1 be a coach of an interscholastic athletics team.

2 (h) (1) The Illinois High School Association shall approve, for coaches, game officials, and non-licensed healthcare 3 professionals, training courses that provide for not less than 4 5 2 hours of training in the subject matter of concussions, 6 including evaluation, prevention, symptoms, risks, and 7 long-term effects. The Association shall maintain an updated 8 list of individuals and organizations authorized by the 9 Association to provide the training.

10 (2) The following persons must take a training course in 11 accordance with paragraph (4) of this subsection (h) from an 12 authorized training provider at least once every 2 years:

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(A) a coach of an interscholastic athletic activity;

(B) a nurse, licensed healthcare professional, or non-licensed healthcare professional who serves as a member of a concussion oversight team either on a volunteer basis or in his or her capacity as an employee, representative, or agent of a school; and

19 (C) a game official of an interscholastic athletic20 activity.

(3) A physician who serves as a member of a concussion oversight team shall, to the greatest extent practicable, periodically take an appropriate continuing medical education course in the subject matter of concussions.

(4) For purposes of paragraph (2) of this subsection (h):
(A) a coach, game official, or non-licensed healthcare

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professional, as the case may be, must take a course described in paragraph (1) of this subsection (h);

(B) an athletic trainer must take a concussion-related
 continuing education course from an athletic trainer
 continuing education sponsor approved by the Department;

6 (C) a nurse must take a concussion-related continuing 7 education course from a nurse continuing education sponsor 8 approved by the Department;

9 (D) a physical therapist must take a 10 concussion-related continuing education course from a 11 physical therapist continuing education sponsor approved 12 by the Department;

(E) a psychologist must take a concussion-related
continuing education course from a psychologist continuing
education sponsor approved by the Department;

16 (F) an occupational therapist must take a 17 concussion-related continuing education course from an 18 occupational therapist continuing education sponsor 19 approved by the Department; and

20 (G) a physician assistant must take a 21 concussion-related continuing education course from a 22 physician assistant continuing education sponsor approved 23 by the Department.

(5) Each person described in paragraph (2) of this
 subsection (h) must submit proof of timely completion of an
 approved course in compliance with paragraph (4) of this

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1 subsection (h) to the district superintendent or the 2 superintendent's designee in the case of a public elementary or secondary school, the chief school administrator or that 3 person's designee in the case of a charter school, or the 4 5 appropriate administrative officer or that person's designee in the case of a private school. 6

7 (6) A physician, licensed healthcare professional, or
8 non-licensed healthcare professional who is not in compliance
9 with the training requirements under this subsection (h) may
10 not serve on a concussion oversight team in any capacity.

11 (7) A person required under this subsection (h) to take a 12 training course in the subject of concussions must complete the 13 training prior to serving on a concussion oversight team in any 14 capacity.

15 (i) The governing body of each public or charter school and 16 the appropriate administrative officer of a private school with 17 students enrolled who participate in an interscholastic athletic activity shall develop a school-specific emergency 18 action plan for interscholastic athletic activities to address 19 20 the serious injuries and acute medical conditions in which the condition of the student may deteriorate rapidly. The plan 21 22 shall include a delineation of roles, methods of communication, 23 available emergency equipment, and access to and a plan for emergency transport. This emergency action plan must be: 24

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(1) in writing;

(2) reviewed by the concussion oversight team;

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(3) approved by the district superintendent or the 1 2 superintendent's designee in the case of a public 3 elementary or secondary school, the chief school administrator or that person's designee in the case of a 4 5 charter school, or the appropriate administrative officer or that person's designee in the case of a private school; 6 7 (4) distributed to all appropriate personnel; 8 (5) posted conspicuously at all venues utilized by the 9 school; and 10 (6) reviewed annually by all athletic trainers, first 11 responders, coaches, school nurses, athletic directors, 12 and volunteers for interscholastic athletic activities. 13 (j) The State Board of Education shall may adopt rules as necessary to administer this Section, including, but not 14 limited to, rules governing the informal or formal 15 16 accommodation of a student who may have sustained a concussion 17 during an interscholastic athletic activity. (Source: P.A. 99-245, eff. 8-3-15; 99-486, eff. 11-20-15; 18 99-642, eff. 7-28-16; 100-309, eff. 9-1-17; 100-513, eff. 19 1-1-18; revised 9-22-17.) 20