#### **101ST GENERAL ASSEMBLY**

### State of Illinois

### 2019 and 2020

#### SB1425

Introduced 2/13/2019, by Sen. Heather A. Steans

#### SYNOPSIS AS INTRODUCED:

410 ILCS 53/5 410 ILCS 53/10 410 ILCS 53/11 new 410 ILCS 53/13 410 ILCS 53/15 410 ILCS 53/20 410 ILCS 53/30

Amends the Suicide Prevention, Education, and Treatment Act. Makes changes concerning the findings of the General Assembly. Creates the Office of Suicide Prevention within the Department of Public Health for the purpose of implementing the Act. Requires the Office of Suicide Prevention, in consultation with the Illinois Suicide Prevention Alliance, to submit an annual report to the Governor and General Assembly on the effectiveness of the activities and programs undertaken under the Illinois Suicide Prevention Strategic Plan that includes any recommendations for modification to Illinois law to enhance the effectiveness of the Plan (instead of an annual report by the Illinois Suicide Prevention Alliance). Changes what shall be contained in the Plan. Provides that the Office of Suicide Prevention (in addition to the Department) shall provide technical assistance to the Illinois Suicide Prevention Alliance and implement a general awareness and screening program. Provides that the program shall include an annual statewide suicide prevention conference. Removes provisions requiring the Department to establish 5 suicide prevention pilot programs relating to youth, elderly, special populations, high-risk populations, and professional caregivers. Provides that the Office of Suicide Prevention shall establish programs that are consistent with the Plan. Effective July 1, 2019.

LRB101 07367 CPF 52407 b

FISCAL NOTE ACT MAY APPLY

## A BILL FOR

- SB1425
- 1 AN ACT concerning health.

# 2 Be it enacted by the People of the State of Illinois, 3 represented in the General Assembly:

Section 5. The Suicide Prevention, Education, and
Treatment Act is amended by changing Sections 5, 10, 13, 15,
20, 25, and 30 and adding Section 11 as follows:

7 (410 ILCS 53/5)

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8 Sec. 5. Legislative findings. The General Assembly makes 9 the following findings:

(1) 1,474 Illinoisans lost their lives to suicide in 10 2017. During 2016, suicide was the eleventh leading cause 11 12 of death in Illinois, causing more deaths than homicide, motor vehicle accidents, accidental falls, and numerous 13 14 prevalent diseases, including liver disease, hypertension, influenza/pneumonia, Parkinson's disease, and HIV. Suicide 15 16 was the third leading cause of death of ages 15 to 34 and 17 the fourth leading cause of death of ages 35 to 54. Those living outside of urban areas are particularly at risk for 18 19 suicide, with a rate that is 50% higher than those living 20 in urban areas.

21 (2) For every person who dies by suicide, more than 30
 22 <u>others attempt suicide.</u>

(3) Each suicide attempt and death impacts countless

other individuals. Family members, friends, co-workers,
 and others in the community all suffer the long-lasting
 consequences of suicidal behaviors.

(4) Suicide attempts and deaths by suicide have an 4 5 economic impact on Illinois. The National Center for Injury 6 Prevention and Control estimates that in 2010 each suicide 7 death in Illinois resulted in \$1,181,549 in medical costs 8 and work loss costs. It also estimated that each 9 hospitalization for self-harm resulted in \$31,019 in 10 medical costs and work loss costs and each emergency room 11 visit for self-harm resulted in \$4,546 in medical costs and 12 work loss costs.

(5) In 2004, the Illinois General Assembly passed the 13 14 Suicide Prevention, Education, and Treatment Act (Public 15 Act 93-907), which required the Illinois Department of 16 Public Health to establish the Illinois Suicide Prevention Strategic Planning Committee to develop the Illinois 17 18 Suicide Prevention Strategic Plan. That law required the 19 use of the 2002 United States Surgeon General's National 20 Suicide Prevention Strategy as a model for the Plan. Public 21 Act 95-109 changed the name of the committee to the 22 Illinois Suicide Prevention Alliance. The Illinois Suicide 23 Prevention Strategic Plan was submitted in 2007 and updated 24 in 2018. 25 (6) In 2004, there were 1,028 suicide deaths in

25(6) In 2004, there were 1,028 suicide deaths in26Illinois, which the Centers for Disease Control reports was

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1	an age-adjusted rate of 8.11 deaths per 100,000. The
2	Centers for Disease Control reports that the 1,474 suicide
3	deaths in 2017 result in an age-adjusted rate of 11.19
4	deaths per 100,000. Thus, since the enactment of Public Act
5	93-907, the rate of suicides in Illinois has risen by 38%.
6	(7) Since the enactment of Public Act 93-907, there
7	have been numerous developments in suicide prevention,
8	including the issuance of the 2012 National Strategy for
9	Suicide Prevention by the United States Surgeon General and
10	the National Action Alliance for Suicide Prevention
11	containing new strategies and recommended activities for
12	local governmental bodies.
13	(8) Despite the obvious impact of suicide on Illinois
14	citizens, Illinois has devoted minimal resources to its
15	prevention. There is no full-time coordinator or director
16	of suicide prevention activities in the State. Moreover,
17	the Suicide Prevention Strategic Plan is still modeled on
18	the now obsolete 2002 National Suicide Prevention
19	Strategy.
20	(9) It is necessary to revise the Suicide Prevention
21	Strategic Plan to reflect the most current National Suicide
22	Prevention Strategy as well as current research and
23	experience into the prevention of suicide.
24	(10) One of the goals adopted in the 2012 National
25	Strategy for Suicide Prevention is to promote suicide
26	prevention as a core component of health care services so

1	there is an active engagement of health and social
2	services, as well as the coordination of care across
3	multiple settings, thereby ensuring continuity of care and
4	promoting patient safety.
5	(11) Integrating suicide prevention into behavioral
6	and physical health care services can save lives. National
7	data indicate that: over 30% of individuals are receiving
8	mental health care at the time of their deaths by suicide;
9	45% have seen their primary care physicians within one
10	month of their deaths; and 25% of those who die of suicide
11	visited an emergency department in the month prior to their
12	deaths.
13	(12) The Zero Suicide model is a part of the National
14	Strategy for Suicide Prevention, a priority of the National
15	Action Alliance for Suicide Prevention, and a project of
16	the Suicide Prevention Resource Center that implements the
17	goal of making suicide prevention a core component of
18	health care services.
19	(13) The Zero Suicide model is built on the
20	foundational belief and aspirational goal that suicide
21	deaths of individuals who are under the care of our health
22	care systems are preventable with the adoption of
23	comprehensive training, patient engagement, transition,
24	and quality improvement.
25	(14) Health care systems, including mental and
26	behavioral health systems and hospitals, that have

#### - 5 - LRB101 07367 CPF 52407 b

implemented the Zero Suicide model have noted significant reductions in suicide deaths for patients within their care.

4 <u>(15) The Suicide Prevention Resource Center</u> 5 <u>facilitates adoption of the Zero Suicide model by providing</u> 6 <u>comprehensive information, resources, and tools for its</u> 7 <u>implementation.</u>

8 (1) The Surgeon General of the United States has 9 described suicide prevention as a serious public health 10 priority and has called upon each state to develop a 11 statewide comprehensive suicide prevention strategy using 12 a public health approach. Suicide now ranks 10th among 13 causes of death, nationally.

14 (2) In 1998, 1,064 Illinoisans lost their lives to 15 suicide, an average of 3 Illinois residents per day. It is 16 estimated that there are between 21,000 and 35,000 suicide 17 attempts in Illinois every year. Three and one half percent 18 of all suicides in the nation take place in Illinois.

19 (3) Among older adults, suicide rates are increasing,
20 making suicide the leading fatal injury among the elderly
21 population in Illinois. As the proportion of Illinois'
22 population age 75 and older increases, the number of
23 suicides among persons in this age group will also
24 increase, unless an effective suicide prevention strategy
25 is implemented.

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(4) Adolescents are far more likely to attempt suicide

than other age groups in Illinois. The data indicates that 1 2 there are 100 attempts for every adolescent suicide completed. In 1998, 156 Illinois youths died by suicide, 3 between the ages of 15 through 24. Using this estimater 4 there were likely more than 15,500 suicide attempts made by 5 Illinois adolescents or approximately 50% of all estimated 6 7 suicide attempts that occurred in Illinois were made by 8 adolescents.

9 (5) Homicide and suicide rank as the second and third 10 leading causes of death in Illinois for youth, 11 respectively. Both are preventable. While the death rates 12 for unintentional injuries decreased by more than 35% between 1979 and 1996, the death rates for homicide and 13 suicide increased for youth. Evidence is growing in terms 14 of the links between suicide and other forms of violence. 15 16 This provides compelling reasons for broadening the 17 State's scope in identifying risk factors for self harmful behavior. The number of estimated youth suicide attempts 18 and the growing concerns of youth violence can best be 19 20 addressed through the implementation of successful 21 gatekeeper-training programs to identify and refer youth 22 at risk for self-harmful behavior.

23 (6) The American Association of Suicidology
 24 conservatively estimates that the lives of at least 6
 25 persons related to or connected to individuals who attempt
 26 or complete suicide are impacted. Using these estimates, in

SB1425

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1998, more than 6,000 Illinoisans struggled to cope with the impact of suicide.

(7) Decreases in alcohol and other drug abuse, as well as decreases in access to lethal means, significantly reduce the number of suicides.

6 (8) Suicide attempts are expected to be higher than 7 reported because attempts not requiring medical attention are not required to be reported. The underreporting of 8 suicide completion is also likely because suicide 9 10 classification involves conclusions regarding the intent 11 of the deceased. The stigma associated with suicide is also 12 likely to contribute to underreporting. Without interagency collaboration and support for proven, 13 community-based, culturally-competent suicide prevention 14 15 and intervention programs, suicides are likely to rise.

16 (9) Emerging data on rates of suicide based on gender,
 17 ethnicity, age, and geographic areas demand a new strategy
 18 that responds to the needs of a diverse population.

19 (10) According to Children's Safety Network Economics
20 Insurance, the cost of youth suicide acts by persons in
21 Illinois who are under 21 years of age totals \$539,000,000,
22 including medical costs, future earnings lost, and a
23 measure of quality of life.

24 (11) Suicide is the second leading cause of death in
 25 Illinois for persons between the ages of 15 and 24.
 26 (12) In 1998, there were 1,116 homicides in Illinois,

SB1425

1 which outnumbered suicides by only 52. Yet, so far, only 2 homicide has received funding, programs, and media 3 attention.

(13) According to the 1999 national report on 4 statistics for suicide of the American Association of 5 6 Suicidology, categories of unintentional injury, motor vehicle deaths, and all other deaths include many reported 7 and unsubstantiated suicides that are not identified 8 9 correctly because of poor investigatory techniques, 10 unsophisticated inquest jurors, and stigmas that cause 11 families to cover up evidence.

12 (14) Programs for HIV infectious diseases are very well
 13 funded even though, in Illinois, HIV deaths number 30% less
 14 than suicide deaths.

15 (Source: P.A. 93-907, eff. 8-11-04.)

16 (410 ILCS 53/10)

Sec. 10. Definitions. For the purpose of this Act, unlessthe context otherwise requires:

"Alliance" means the Illinois Suicide Prevention Alliance."Department" means the Department of Public Health.

21 <u>"Office of Suicide Prevention" means the Office of Suicide</u>
 22 Prevention within the Department of Public Health.

23 "Plan" means the Illinois Suicide Prevention Strategic24 Plan set forth in Section 15.

25 (Source: P.A. 95-109, eff. 1-1-08.)

SB1425

1	(410 ILCS 53/11 new)
2	Sec. 11. Office of Suicide Prevention. The Office of
3	Suicide Prevention is created within the Department of Public
4	Health for the purpose of implementing this Act.

5 (410 ILCS 53/13)

6 13. Duration; report. The Office of Suicide Sec. 7 Prevention, in consultation with All projects set forth in this 8 Act must be at least 3 years in duration, and the Department 9 and related contracts as well as the Illinois Suicide 10 Prevention Alliance, must submit an annual report annually to the Governor and General Assembly on the effectiveness of the 11 these activities and programs undertaken under the Plan that 12 includes any recommendations for modification to Illinois law 13 14 to enhance the effectiveness of the Plan.

15 (Source: P.A. 95-109, eff. 1-1-08.)

16 (410 ILCS 53/15)

17 Sec. 15. Suicide Prevention Alliance.

(a) The Alliance is created as the official grassroots
creator, planner, monitor, and advocate for the Illinois
Suicide Prevention Strategic Plan. No later than one year after
the effective date of this <u>amendatory Act of the 101st General</u>
<u>Assembly Act</u>, the Alliance shall review, finalize, and submit
to the Governor and the General Assembly the 2020 Illinois

Suicide Prevention Strategic Plan and appropriate processes
 and outcome objectives for 10 overriding recommendations and a
 timeline for reaching these objectives.

- 4 (b) <u>The Plan shall include:</u> <del>The Alliance shall use the</del>
  5 <del>United States Surgeon General's National Suicide Prevention</del>
  6 <del>Strategy as a model for the Plan.</del>
- 7 <u>(1) recommendations from the most current National</u> 8 <u>Suicide Prevention Strategy</u>;
- 9 <u>(2) current research and experience into the</u> 10 prevention of suicide;

11 <u>(3) measures to encourage and assist health care</u> 12 <u>systems and primary care providers to include suicide</u> 13 <u>prevention as a core component of their services,</u> 14 <u>including, but not limited to, implementing the Zero</u> 15 <u>Suicide model; and</u>

16 <u>(4) additional elements as determined appropriate by</u> 17 the Alliance.

The Alliance shall review the statutorily prescribed 18 19 missions of major State mental health, health, aging, and 20 school mental health programs and recommend, as necessary and appropriate, statutory changes to include suicide prevention 21 22 in the missions and procedures of those programs. The Alliance 23 shall prepare a report of that review, including its recommendations, and shall submit the report to the Office of 24 25 Suicide Prevention for inclusion in its annual report to the 26 Governor and the General Assembly by December 31, 2004.

- 11 - LRB101 07367 CPF 52407 b

1 (c) The Director of Public Health shall appoint the members 2 of the Alliance. The membership of the Alliance shall include, 3 without limitation, representatives of statewide organizations and other agencies that focus on the prevention of suicide and 4 5 the improvement of mental health treatment or that provide suicide prevention or survivor support services. Other 6 7 disciplines that shall be considered for membership on the 8 Alliance include law enforcement, first responders, 9 faith-based community leaders, universities, and survivors of 10 suicide (families and friends who have lost persons to suicide) 11 as well as consumers of services of these agencies and 12 organizations.

13 (d) The Alliance shall meet at least 4 times a year, and 14 more as deemed necessary, in various sites statewide in order 15 to foster as much participation as possible. The Alliance, a 16 steering committee, and core members of the full committee 17 shall monitor and guide the definition and direction of the goals of the full Alliance, shall review and approve 18 19 productions of the plan, and shall meet before the full 20 Alliance meetings.

21 (Source: P.A. 95-109, eff. 1-1-08.)

22 (410 ILCS 53/20)

23 Sec. 20. General awareness and screening program.

(a) The Department <u>and the Office of Suicide Prevention</u>
 shall provide technical assistance for the work of the Alliance

SB1425

and the production of the Plan and shall distribute general 1 2 information and screening tools for suicide prevention to the 3 general public through local public health departments throughout the State. These materials shall be distributed to 4 5 agencies, schools, hospitals, churches, places of employment, 6 and all related professional caregivers to educate all citizens 7 about warning signs and interventions that all persons can do 8 to stop the suicidal cycle.

9 (b) This program shall include, without limitation, all of 10 the following:

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SB1425

 Educational programs about warning signs and how to help suicidal individuals.

13 (2) Educational presentations about suicide risk and
14 how to help at-risk people in special populations and with
15 bilingual support to special cultures.

16 (3) The designation of an annual suicide awareness week17 or month to include a public awareness campaign on suicide.

18 (4) <u>An annual</u> <del>A</del> statewide suicide prevention
 19 conference before November of 2004.

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(5) An Illinois Suicide Prevention Speaker's Bureau.

(6) A program to educate the media regarding the guidelines developed by the American Association for Suicidology for coverage of suicides and to encourage media cooperation in adopting these guidelines in reporting suicides.

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(7) Increased training opportunities for volunteers,

SB1425 - 13 - LRB101 07367 CPF 52407 b

1 professionals, and other caregivers to develop specific 2 skills for assessing suicide risk and intervening to 3 prevent suicide.

4 (Source: P.A. 95-109, eff. 1-1-08.)

5 (410 ILCS 53/30)

6 Sec. 30. Suicide prevention pilot programs.

7 The Office of Suicide Prevention Department shall (a) 8 establish, when funds are appropriated, programs, including, 9 but not limited to, pilot and demonstration programs, that are 10 consistent with the Plan. up to 5 pilot programs that provide 11 training and direct service programs relating to youth, elderly, special populations, high-risk populations, 12 and professional caregivers. The purpose of these pilot programs is 13 14 to demonstrate and evaluate the effectiveness of the projects 15 set forth in this Act in the communities in which they are 16 offered. The pilot programs shall be operational for at least 2 years of the 3 year requirement set forth in Section 13. 17

18 (b) The Director of Public Health is encouraged to ensure 19 that the pilot programs include the following prevention 20 strategies:

21 (1) school gatekeeper and faculty training;

22 (2) community gatekeeper training;

23 (3) general community suicide prevention education;
 24 (4) health providers and physician training and
 25 consultation about high risk cases;

- 1 (5) depression, anxiety, and suicide screening
  2 programs;
- 3 (6) peer support youth and older adult programs;
  4 (7) the enhancement of 24-hour crisis centers,
  5 hotlines, and person to person calling trees;
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(8) means restriction advocacy and collaboration; and (9) intervening and supporting after a suicide.

- 8 (b) (c) The funds appropriated for purposes of this Section 9 shall be allocated by the Office Department on a competitive, 10 grant-submission basis, which shall include consideration of 11 different rates of risk of suicide based on age, ethnicity, 12 gender, prevalence of mental health disorders, different rates 13 of suicide based on geographic areas in Illinois, and the services and curriculum offered to fit these needs by the 14 15 applying agency.
- 16 (d) The Department and Alliance shall prepare a report as 17 to the effectiveness of the demonstration projects established 18 pursuant to this Section and submit that report no later than 6 19 months after the projects are completed to the Governor and 20 General Assembly.
- 21 (Source: P.A. 95-109, eff. 1-1-08.)

Section 99. Effective date. This Act takes effect July 1,23 2019.