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LRB102 23159 MST 32319 r

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HOUSE RESOLUTION

2           WHEREAS, An estimated 54 million Americans have  
3 osteoporosis or low bone mass; studies suggest that  
4 approximately one in two women and up to one in four men age 50  
5 and older will break a bone due to osteoporosis; and

6           WHEREAS, Osteoporosis-related bone fractures are  
7 responsible for more hospitalizations than heart attacks,  
8 strokes, or breast cancer; in a recent yearly total,  
9 approximately 1.8 million Medicare beneficiaries suffered  
10 approximately 2.1 million osteoporotic fractures; and

11           WHEREAS, In Illinois, 67,000 Medicare beneficiaries  
12 suffered over 79,500 osteoporotic fractures in 2016; and

13           WHEREAS, The cost for Illinois citizens who suffered an  
14 initial and subsequent fracture was estimated at over \$261.9  
15 million; and

16           WHEREAS, Osteoporosis is often called a silent disease  
17 because one cannot feel bones weakening; a broken bone is  
18 often the first sign of osteoporosis; timely bone health  
19 screening, diagnosis, and treatment can help prevent fractures  
20 that can lead to hospitalizations and nursing home stays; and

1           WHEREAS, Cost-effective post fracture care, which improves  
2 care coordination, has been demonstrated to reduce the number  
3 of subsequent or repeat fractures yet is not widely available  
4 or properly incentivized by Medicare; and

5           WHEREAS, Osteoporosis and the broken bones it can cause  
6 are not a part of normal aging; building strong bones begins in  
7 childhood and is essential to the prevention of osteoporosis;  
8 care for our bones is vital throughout our lives, but we reach  
9 our peak bones mass by early adulthood; and

10           WHEREAS, Optimum bone health and prevention of  
11 osteoporosis can be maximized by a balanced diet rich in  
12 calcium and vitamin D, weight-bearing and muscle-strengthening  
13 exercise, and a healthy lifestyle with no smoking or no  
14 excessive alcohol intake; and

15           WHEREAS, We must raise awareness about bone health among  
16 the public, health professionals, and policymakers; therefore,  
17 be it

18           RESOLVED, BY THE HOUSE OF REPRESENTATIVES OF THE ONE  
19 HUNDRED SECOND GENERAL ASSEMBLY OF THE STATE OF ILLINOIS, that  
20 recognize and appreciate the ideals, goals, and activities of  
21 the National Bone Health and Osteoporosis Month in May and  
22 encourage the observation of appropriate good health programs

1 and activities concerning the promotion of good bone health  
2 throughout the lifetime and the prevention of osteoporosis.