



HJ0030

LRB103 31701 MST 60246 r

1 HOUSE JOINT RESOLUTION

2 WHEREAS, Borderline personality disorder (BPD) affects
3 between one and two percent of the population, which is
4 approximately 250,000 Illinois residents; and

5 WHEREAS, Symptoms of BPD include emotional dysregulation,
6 impulsive behavior, identity disturbances, all-or-nothing
7 thinking, challenges with relationships, self-harm, and
8 suicidality; and

9 WHEREAS, BPD affects all genders and ages equally
10 throughout the life span, from adolescence to adulthood;
11 however, it is frequently underdiagnosed and/or misdiagnosed;
12 and

13 WHEREAS, Up to 70% of people diagnosed with BPD experience
14 self-harm and attempt suicide during the course of their
15 lifetime; sadly, 10% die by suicide; and

16 WHEREAS, People diagnosed with BPD may have experienced a
17 history of trauma and abuse; genetics and other factors can
18 play a role in BPD; educating families and those with BPD
19 supports recovery; and

20 WHEREAS, When symptoms are severe and untreated, BPD can

1 disrupt employment, education, and daily functioning; it can
2 cause other social problems, such as housing insecurity,
3 incarceration, and addiction; increasing access to care for
4 marginalized communities affected by BPD will help save lives;
5 and

6 WHEREAS, There are five evidence-based treatments for BPD
7 that are effective, including dialectical behavior therapy
8 (DBT) mentalization-based therapy (MBT), transference-focused
9 therapy (TFP), schema therapy (ST) and general psychiatric
10 management (GPM); while these treatments are effective, they
11 are inaccessible to the vast majority of Illinois residents
12 due to lack of insurance coverage and insufficient provider
13 reimbursement rates; and

14 WHEREAS, Barriers to care exist as treatment is expensive,
15 hard to find, and often not covered by insurance companies;
16 clinical education and affordable care is necessary to support
17 recovery; and

18 WHEREAS, With treatment and community support, 90% of
19 people with borderline personality disorder can experience a
20 meaningful recovery; and

21 WHEREAS, It is essential to increase awareness of BPD
22 among people with lived experience of BPD, their families,

1 mental health professionals, and the general public by
2 promoting public health and clinical education, expanding
3 treatment access, and funding affordable BPD care; and

4 WHEREAS, Emotions Matter and the National Alliance for
5 Borderline Personality Disorder believe that bringing more
6 attention to BPD will help lower the suicide rate associated
7 with this disorder; therefore, be it

8 RESOLVED, BY THE HOUSE OF REPRESENTATIVES OF THE ONE
9 HUNDRED THIRD GENERAL ASSEMBLY OF THE STATE OF ILLINOIS, THE
10 SENATE CONCURRING HEREIN, that we declare May of 2023 as "BPD
11 Month" in the State of Illinois; and be it further

12 RESOLVED, That suitable copies of this resolution be
13 presented to Emotions Matter and the National Alliance for
14 Borderline Personality Disorder as a symbol of our respect and
15 esteem.