- 1 AN ACT in relation to aging.
- 2 Be it enacted by the People of the State of Illinois,
- 3 represented in the General Assembly:
- 4 Section 1. Short title. This Act may be cited as the
- 5 Family Caregiver Act.
- 6 Section 5. Legislative findings. The General Assembly 7 recognizes the following:
  - (1) Family caregivers, serving without compensation, have been the mainstay of the long-term care system in this country. Care provided by these informal caregivers is the most crucial factor in avoiding or postponing institutionalization of the State's residents.
    - (2) Among non-institutionalized persons needing assistance with personal care needs, two-thirds depend solely on family and friends for assistance. Another 25% supplement family care with services from paid providers. Only a little more than 5% rely exclusively on paid services.
    - (3) Family caregivers are frequently under substantial physical, psychological, and financial stress. Unrelieved by support services available to the caregiver, this stress may lead to premature or unnecessary institutionalization of the care recipient or deterioration in the health condition and family circumstances of the caregiver.
    - (4) Two out of 3 family caregivers, due to being employed outside the home, experience additional stress.

      Two-thirds of working caregivers report conflicts between work and caregiving, requiring them to rearrange their work schedules, work fewer than normal hours, or take an

- 1 unpaid leave of absence. For this population, caregiver
- 2 support services have the added benefit of allowing
- family caregivers to remain active members of our State's
- 4 workforce.
- 5 Section 10. Legislative intent. It is the intent of the
- 6 General Assembly to establish a multi-faceted family
- 7 caregiver support program to assist unpaid family caregivers,
- 8 who are informal providers of in-home and community care to
- 9 frail individuals or children.
- 10 Services provided under this program shall do the
- 11 following:
- 12 (1) Provide information, relief, and support to
- family and other unpaid caregivers of frail individuals.
- 14 (2) Encourage family members to provide care for
- their family members who are frail individuals.
- 16 (3) Provide temporary substitute support services
- or living arrangements to allow a period of relief or
- 18 rest for caregivers.
- 19 (4) Be provided in the least restrictive setting
- 20 available consistent with the individually assessed needs
- of the frail individual.
- 22 (5) Include services appropriate to the needs of
- family members caring for the frail individual, including
- 24 a frail individual with dementia.
- 25 (6) Provide family caregivers with services that
- 26 enable them to make informed decisions about current and
- future care plans, solve day-to-day caregiving problems,
- learn essential care giving skills, and locate services
- that may strengthen their capacity to provide care.
- 30 Section 15. Definitions. In this Act:
- 31 "Child" or "children" means an individual or individuals
- 32 18 years of age or under.

2 "Eligible participant" means a family caregiver or a

- 3 grandparent or older individual who is a relative caregiver.
- 4 "Family caregiver" means an adult family member, or
- 5 another individual, who is an informal provider of in-home
- 6 and community care to a frail individual.
- 7 "Family caregiver support services" includes, but is not
- 8 limited to, the following:
- 9 (1) Information to caregivers about available
- 10 services.
- 11 (2) Assistance to caregivers in gaining access to
- 12 the services.
- 13 (3) Individual counseling, organization of support
- groups, and caregiver training for caregivers to assist
- 15 the caregivers in making decisions and solving problems
- 16 relating to their caregiving roles.
- 17 (4) Respite care provided to a frail individual
- that will enable caregivers to be temporarily relieved
- 19 from their caregiving responsibilities.
- 20 (5) Supplemental services, on a limited basis, to
- complement the care provided by the caregivers.
- 22 (6) Other services as identified by the Department
- and defined by rule.
- 24 "Frail individual" means an older individual who is
- determined to be functionally impaired because the individual
- 26 (i) is unable to perform from at least 2 activities of daily
- 27 living without substantial human assistance, including verbal
- reminding, physical cueing, or supervision or (ii) due to a
- 29 cognitive or other mental impairment, requires substantial
- 30 supervision because the individual behaves in a manner that
- 31 poses a serious health or safety hazard to the individual or
- 32 to another individual.
- 33 "Grandparent or older individual who is a relative
- 34 caregiver" means a grandparent or step-grandparent of a

- 1 child, or a relative of a child by blood or marriage, who is
- 2 60 years of age or older and who:
- (1) lives with the child; 3
- 4 is the caregiver for the child because the child's biological or adoptive parents are unable or 5 unwilling to serve as the primary caregiver for the 6
- child; and 7
- (3) has a legal relationship to the child, such as 8 9 legal custody or guardianship, or is raising the child
- informally. 10
- 11 "Informal provider" means an individual who is not
- compensated for the care he or she provides. 12
- "Older individual" means an individual who is 60 years of 13
- 14 age or older.

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- 15 "Respite care" means substitute supports or
- 16 arrangements provided on an intermittent, occasional
- The term includes, but is not limited to, in-home respite 17
- care, adult day care, child care, and institutional care. The 18
- term also includes respite care as defined in Section 2 of 19
- the Respite Program Act to the extent that such services are 20
- 21 allowable and participants are eligible under the National
- 22 Family Caregiver Support Program.
- Section 16. Family caregiver demonstration grant. 23
- 24 Department shall seek federal funding for the establishment
- and assessment of a Family Caregiver Training and Support 25
- Demonstration Project using residential facilities 26 licensed
- 27 Nursing Home Care Act. The Department under the
- authorized to fund 2 sites, one in a rural community and one 28
- 29 in a more urban area. The Department shall adopt rules
- governing participation and oversight of the program. 30 The
- 31 Department shall seek technical assistance from

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Department of Public Aid. The Department shall advise

Governor and the General Assembly regarding the effectiveness

- of the program within 6 months after the conclusion of the
- 2 demonstration period.
- 3 Section 20. Powers and duties of the Department. The
- 4 Department shall administer this Act and shall adopt rules
- 5 and standards the Department deems necessary for that
- 6 purpose. At a minimum, those rules and standards shall
- 7 address the following:
- 8 (1) Standards and mechanisms designed to ensure the
- 9 quality of services provided with assistance made
- 10 available under this Act.
- 11 (2) Data collection and record maintenance.
- 12 The Department shall administer this Act in coordination
- with Section 4.02 and related provisions of the Illinois Act
- 14 on the Aging.
- 15 Section 25. Provision of services. The Department shall
- 16 contract with area agencies on aging and other appropriate
- 17 agencies to conduct family caregiver support services to the
- 18 extent of available State and federal funding. Services
- 19 provided under this Act must be provided according to the
- 20 requirements of federal law and rules.
- 21 Section 35. Health care practitioners and facilities not
- 22 impaired. Nothing in this Act shall impair the practice of
- 23 any licensed health care practitioner or licensed health care
- 24 facility.
- 25 Section 40. Entitlement not created; funding; waivers.
- 26 (a) Nothing in this Act creates or provides any
- 27 individual with an entitlement to services or benefits. It is
- 28 the General Assembly's intent that services under this Act
- 29 shall be made available only to the extent of the
- 30 availability and level of appropriations made by the General

- 1 Assembly.
- 2 (b) The Director may seek and obtain State and federal
- 3 funds that may be available to finance services under this
- 4 Act, and may also seek and obtain other non-State resources
- for which the State may be eligible.
- 6 (c) The Department may seek appropriate waivers of
- 7 federal requirements from the U.S. Department of Health and
- 8 Human Services.
- 9 Section 90. The Respite Program Act is amended by
- 10 changing Sections 1.5, 2, 3, 4, 5, 6, 8, 11, and 12 as
- 11 follows:
- 12 (320 ILCS 10/1.5) (from Ch. 23, par. 6201.5)
- 13 Sec. 1.5. Purpose. It is hereby found and determined by
- 14 the General Assembly that respite care provides relief and
- 15 support to the primary care-giver of a frail or--abused or
- 16 functionally disabled or-cognitively-impaired-older adult and
- 17 <u>provides</u> by--providing a break <u>for the caregiver</u> from the
- 18 continuous responsibilities of care-giving. Without this
- 19 support, the primary care-giver's ability to continue in his
- or her role would be jeopardized; thereby increasing the risk
- 21 of institutionalization of the frail er---abused or
- functionally disabled or-cognitively-impaired-older adult.
- 23 By providing improving-and-expanding-the-in-home respite
- 24 care services--currently--available through intermittent
- 25 planned or emergency relief to the care-giver during the
- 26 regular week-day, evening, and weekend hours, both the
- 27 special physical and psychological needs of the primary
- 28 care-giver and the frail er-abused or functionally disabled,
- or-cognitively-impaired-older adult, who is the recipient of
- 30 continuous care, shall be met reducing or preventing the need
- 31 for institutionalization.
- Furthermore, the primary care-giver providing continuous

- 1 care is frequently under substantial financial stress.
- 2 Respite care and other supportive services sustain and
- 3 preserve the primary care-giver and family caregiving unit.
- 4 It is the intent of the General Assembly that this amendatory
- 5 Act of-1992 ensure that Illinois primary care-givers of frail
- 6 or-abused or functionally disabled or-cognitively-impaired
- 7 elder adults have access to affordable, appropriate in-home
- 8 respite care services.
- 9 (Source: P.A. 87-974.)
- 10 (320 ILCS 10/2) (from Ch. 23, par. 6202)
- 11 Sec. 2. Definitions. As used in this Act:
- 12 (1) "Respite care" means the provision of intermittent
- 13 and temporary substitute care or supervision of frail er
- 14 abused or functionally disabled or-cognitively-impaired-older
- 15 adults on behalf of and in the absence of the primary
- 16 care-giver, for the purpose of providing relief from the
- 17 stress or responsibilities concomitant with providing
- 18 constant care, so as to enable the care-giver to continue the
- 19 provision of care in the home. Respite care should be
- 20 available to sustain the primary care-giver throughout the
- 21 period of care-giving, which can vary from several months to
- a number of years. Respite care can be provided in the home,
- 23 in a community--based day care setting during the day,
- 24 overnight, <u>in a substitute residential setting such as a</u>
- 25 <u>long-term care facility required to be licensed under the</u>
- 26 <u>Nursing Home Care Act or the Assisted Living and Shared</u>
- 27 <u>Housing Act</u>, or for more extended periods of time on a
- 28 temporary basis.
- 29 (1.5) "In-home respite care" means care provided by an
- 30 appropriately trained paid worker providing short-term
- intermittent care, supervision, or companionship to the frail
- or disabled adult in the home while relieving the care-giver,
- 33 <u>by permitting a short-term break from the care-giver's</u>

- 1 <u>care-giving role</u>. This support may contribute to the delay,
- 2 reduction, and prevention of institutionalization by enabling
- 3 the care-giver to continue in his or her care-giving role.
- 4 <u>In-home respite care should be flexible and available in a</u>
- 5 manner that is responsive to the needs of the care-giver.
- 6 This may consist of evening respite care services that are
- 7 <u>available from 6:00 p.m. to 8:00 a.m. Monday through Friday</u>
- 8 and weekend respite care services from 6:00 p.m. Friday to
- 9 <u>8:00 a.m. Monday.</u>
- 10 (2) "Care-giver" shall mean the family member or other
- 11 natural person who normally provides the daily care or
- 12 supervision of a frail, --abused or disabled elderly adult.
- 13 Such care-giver may, but need not, reside in the same
- 14 household as the frail or disabled adult.
- 15 (3) (Blank). "Provider"-shall-mean-any-entity-enumerated
- in-paragraph--(1)--of--this-Section-which-is-the-supplier-of
- 17 services-providing-respite.
- 18 (4) (Blank). "Sponsor"-shall-mean-the--provider,--public
- 19 agency--or--community--group--approved--by-the-Director-which
- 20 establishes-a-contractual-relationship--with--the--Department
- 21 for-the-purposes-of-providing-services-to-persons-under-this
- 22 Act,--and--which--is--responsible--for--the--recruitment---of
- 23 providers,--the--coordination--and--arrangement--of--provider
- 25 supervision-of-the-local-program,-and-the-submission-of--such

services -- in -- a -- manner - which - meets - client - needs -- the - general

- 26 information-or-reports-as-may-be-required-by-the-Director.
- 27 (5) (Blank). "Director"--shall--mean--the--Director--of
- 28 Aging-

- 29 (6) "Department" shall mean the Department on Aging.
- 30 (7) (Blank). "Abused"--shall--have--the--same--meaning
- 31 aseribed-to-it--in--Section--103--of--the--Illinois--Domestic
- 32 Violence-Act-of-1986.
- 33 (8) "Frail or disabled adult" shall mean any person
- 34 suffering-from-Alzheimer's-disease who is 60 55 years of age

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- or older <u>and</u> or—any—adult—60-years—of-age—or—older, who

  <u>either (i) suffers from Alzheimer's disease or a related</u>

  <u>disorder or (ii)</u> is unable to attend to his or her daily

  needs without the assistance or regular supervision of a

  care—giver due to mental or physical impairment and who is

  otherwise eligible for services on the basis of his <u>or her</u>

  level of impairment.
  - (9) "Emergency respite care" means the immediate placement of a trained, in-home respite care worker in the home during an emergency or unplanned event, or during a temporary placement outside the home, to substitute for the primary care-giver. Emergency respite care may be provided in-the-home on one or more occasions unless an extension is deemed necessary by the case coordination unit. When there is an urgent need for emergency respite care, procedures to accommodate this need must be determined. An emergency is:
    - (a) An unplanned event that results in the immediate and unavoidable absence of the primary care-giver from the home in an excess of 4 hours at a time when no other qualified care-giver is available.
    - (b) An unplanned situation that prevents the primary care-giver from providing the care required by a frail or abused-or-functionally disabled or-cognitively impaired adult living at home.
    - (c) An unplanned event that threatens the health and safety of the <u>frail or</u> disabled adult.
    - (d) An unplanned event that threatens the health and safety of the primary care-giver thereby placing the frail or abused-or-functionally disabled or-cognitively impaired-older adult in danger.
- 31 (10) (Blank). "Primary--care-giver"--means--the-spouse,
  32 relative,-or-friend,-18-years-of-age-or-older,--who--provides
  33 the--daily--in-home-care-and-supervision-of-a-frail-or-abused
  34 or-functionally-disabled-or-cognitively-impaired-older-adult.

- 1 A-primary-eare-giver-may,-but-does-not-need-to,-reside-in-the
- 2 same--household--as--the--frail--or--abused--or--functionally
- 3 disabled-or-cognitively-impaired-adult.-A-primary--care-giver
- 4 requires--intermittent--relief--from--his--or--her-caregiving
- 5 duties-to-continue-to-function-as-the-primary-care-giver.
- 6 (Source: P.A. 91-357, eff. 7-29-99; 92-16, eff. 6-28-01.)
- 7 (320 ILCS 10/3) (from Ch. 23, par. 6203)
- 8 Sec. 3. Respite Program. The Director is hereby
- 9 authorized to <u>administer a program of</u> establish-respite
- 10 projects-for-the-purposes-of-providing-care-and assistance to
- 11 persons in need and to deter the institutionalization of
- 12 frail or disabled or-functionally-disabled-or-cognitively
- 13 impaired adults.
- 14 (Source: P.A. 87-974.)
- 15 (320 ILCS 10/4) (from Ch. 23, par. 6204)
- Sec. 4. No Limit to Care. Nothing contained in this Act
- shall be construed so as to limit, modify or otherwise affect
- 18 the provisions, for long-term in-home services being provided
- 19 <u>under</u>7-of Section 4.02 of the Illinois Act on the Aging.
- 20 (Source: P.A. 87-974.)
- 21 (320 ILCS 10/5) (from Ch. 23, par. 6205)
- Sec. 5. Eligibility. The Department may establish
- 23 eligibility standards for respite services taking into
- 24 consideration the unique economic and social needs of the
- 25 population for whom they are to be provided. The population
- 26 identified for the purposes of this Act includes persons
- 27 suffering from Alzheimer's disease or a related disorder and
- 28 persons who are 60 55 years of age or older,-er-persons-age
- 29  $6\theta$ -and- $\theta$ -lder with an identified service need. Priority shall
- 30 be given in all cases to frail, -- abused or functionally
- 31 disabled or-cognitively-impaired adults.

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(Source: P.A. 87-974.)
 1
          (320 ILCS 10/6) (from Ch. 23, par. 6206)
 2.
 3
          Sec. 6. Responsibilities.
                                       The--following--requirements
 4
      shall--apply--for--any-projects-authorized-under-Section-3-of
 5
      this-Act:
          (a) The <u>Department</u> Director shall <u>administer this Act</u>
 6
 7
      and shall adopt rules and standards the Department deems
      necessary for that purpose establish -- target -- areas -- needing
 8
 9
      respite-eare-services.
              The <u>Department</u> Director shall <u>make grants to or</u>
10
          (b)
11
      contract with Area Agencies on Aging and other appropriate
      community-based organizations to provide respite care under
12
      this Act publicize-the--existence--of,--and--make--available,
13
14
      application-forms-for-sponsors-seeking-to-establish-a-respite
15
      program.
16
          (c) (Blank). The-application-forms-shall-require-the
17
      following-information-and-any-other-information-the--Director
18
      deems-necessary.
19
               (1)--Identity-and-qualifications-of-a-sponsor.
2.0
               (2)--Identity-and-qualifications-of-a-provider-and-a
21
          plan-for-the-coordination-of-services.
22
               (3)--An--assessment--of--the-community-need,-support
23
          and-participation-for-respite-services.---The--assessment
24
          shall-include-documentation-
25
               (4)--Plans--for--the-coordination-and-arrangement-of
26
          provider-services-in-a-manner-that-meets-client-needs.
27
               (5)--A-fiseal-plan,--including--specific--provisions
28
          for-the-utilization-of-existing-reimbursement-and-funding
29
          sources-and-the-development-of-local-financial-support.
30
               (6)--Plans---for--publicizing--the--purpose--of--the
31
          project-and-the-services-to-be-provided.
32
               (7)--Certification-of-licensure-or-certification--of
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any--individual,--agency--or--family--providing-a-service

1 subject-to-licensure,-or-certification-under-State-law.

(d) (Blank). The-Director-shall-review-and-evaluate-each application-and-present-each-application-for-review-and evaluation-by-the-Council-on-Aging-established-under-Section 7-of-the-Illinois-Act-on-the-Aging---The-Council-and-the Department-shall-approve-a-number-of-applications-and,-within the-amounts-appropriated,-award-grants-for-the-operation-of respite-programs.

(e) (Blank). The-application-approved-by--the--Director and--the--Council--on--Aging-shall-be-the-service-plan-of-the provider.--The-Director-shall-ensure-that-each--service--plan is--coordinated--with-the-designated-area-agency-provided-for in-Sections-3.07-and-3.08-of-the-Illinois-Act-on--the--Aging, the--local--public--health-authority,-and-any-other-public-or private-service-provider-to-ensure-that-every-effort-will--be made---to---utilize--existing--funding--sources--and--service providers-and-to-avoid-unnecessary-duplication-of-services.

(f) Nothing in this Act shall be construed to limit, modify, or otherwise affect the provision of long-term in-home services under Section 4.02 of the Illinois Act on the Aging.

22 (Source: P.A. 87-974.)

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23 (320 ILCS 10/8) (from Ch. 23, par. 6208)

Sec. 8. Funding. <u>Services</u> Respite--projects authorized under this Act shall be funded only to the extent of available appropriations for such purposes. The Director <u>may</u> shall seek and obtain <u>State and</u> federal funds that may be available to finance <u>respite care</u> grants--awarded under Section--6--of this Act, and <u>may</u> shall also seek and obtain other non-state resources for which the State may be eligible. <u>Implementation-of-projects-under-this-Act-shall-be</u> contingent---upon---the--availability--of--federal--financial participation:--To-the-extent-necessary-for-implementation-of

- 1 this-Act, The Department may shall seek appropriate waivers
- of federal requirements from the U.S. Department of Health
- 3 and Human Services.
- 4 (Source: P.A. 87-974.)
- 5 (320 ILCS 10/11) (from Ch. 23, par. 6211)
- 6 Sec. 11. Respite Care Worker Training.
- 7 (a) A respite care worker shall be an appropriately
- 8 trained individual whose duty it is to provide in-home
- 9 supervision and assistance to a frail er---abused or
- 10 functionally disabled or-cognitively-impaired-older adult in
- order to allow the primary care-giver a break from his or her
- 12 continuous care-giving responsibilities.
- 13 (b) The Director may prescribe minimum training
- 14 <u>quidelines</u> standards for respite care workers to ensure that
- 15 the special needs of persons receiving services under this
- 16 Act and their primary caregivers will be met. The Director
- 17 may designate Alzheimer's disease associations and community
- 18 agencies to conduct such training. Nothing in this Act
- 19 should be construed to exempt any individual providing a
- 20 service subject to licensure or certification under State law
- 21 from these requirements.
- 22 (Source: P.A. 87-974.)
- 23 (320 ILCS 10/12) (from Ch. 23, par. 6212)
- Sec. 12. Annual Report. The Director shall submit a
- 25 report each year to the Governor and the General Assembly
- 26 detailing the progress of the respite <u>care services provided</u>
- 27 programs-established under this Act. The--report--shall
- 28 include:
- 29 (a)--a-financial-report-for-each-program;
- 30 (b)--a--qualitative-and-quantitative-profile-of-sponsors,
- 31 providers,-eare-givers-and-recipients--participating--in--the
- 32 program;

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1
         (e)--a---comparative---assessment---of---the---costs--and
 2
     effectiveness-of-each--10rvice--or--combination--of--services
 3
     provided;
          (d)--an-assessment-of-the-nature-and-extent-of-the-demand
 4
 5
     for-services;-and
          (e)--an--evaluation--of-the-success-of-programs-receiving
 6
 7
      grants-for-services.
      (Source: P.A. 87-974.)
 8
         (320 ILCS 10/7 rep.)
9
10
         (320 ILCS 10/9 rep.)
11
         (320 ILCS 10/10 rep.)
         Section 91. The Respite Program Act is amended by
12
     repealing Sections 7, 9, and 10.
13
         Section 99. Effective date. This Act takes effect upon
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becoming law.