1

AN ACT in relation to aging.

Be it enacted by the People of the State of Illinois, 2 3 represented in the General Assembly:

4 Section 1. Short title. This Act may be cited as the Family Caregiver Act. 5

б Section 5. Legislative findings. The General Assembly recognizes the following: 7

8 (1) Family caregivers, serving without compensation, have been the mainstay of the long-term 9 care system in this country. Care provided by these 10 informal caregivers is the most crucial factor 11 in avoiding or postponing institutionalization of the 12 13 State's residents.

(2) Among non-institutionalized persons needing 14 15 assistance with personal care needs, two-thirds depend solely on family and friends for assistance. Another 25% 16 supplement family care with services from paid providers. 17 Only a little more than 5% rely exclusively on paid 18 19 services.

20 (3) Family caregivers are frequently under substantial physical, psychological, and financial 21 22 stress. Unrelieved by support services available to the caregiver, this stress may lead to premature or 23 unnecessary institutionalization of the care recipient or 24 deterioration in the health condition and family 25 circumstances of the caregiver. 26

27 (4) Two out of 3 family caregivers, due to being employed outside the home, experience additional stress. 28 29 Two-thirds of working caregivers report conflicts between work and caregiving, requiring them to rearrange their 30 work schedules, work fewer than normal hours, or take an 31

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unpaid leave of absence. For this population, caregiver
 support services have the added benefit of allowing
 family caregivers to remain active members of our State's
 workforce.

5 Section 10. Legislative intent. It is the intent of the 6 General Assembly to establish a multi-faceted family 7 caregiver support program to assist unpaid family caregivers 8 and grandparents or other older individuals who are relative 9 caregivers, who are informal providers of in-home and 10 community care to older individuals or children.

Services provided under this program shall do the following:

13 (1) Provide information, relief, and support to
14 family and other unpaid caregivers of older individuals
15 and children.

16 (2) Encourage family members to provide care for
17 their family members who are older individuals and
18 children.

19 (3) Provide temporary substitute support services
20 or living arrangements to allow a period of relief or
21 rest for caregivers.

(4) Be provided in the least restrictive setting
available consistent with the individually assessed needs
of older individuals and children.

(5) Include services appropriate to the needs of
family members caring for older individuals and children,
including older individuals with dementia.

(6) Provide family caregivers with services that
enable them to make informed decisions about current and
future care plans, solve day-to-day caregiving problems,
learn essential care giving skills, and locate services
that may strengthen their capacity to provide care.

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1 Section 15. Definitions. In this Act: 2 "Caregiver" or "family caregiver" means an adult family member, or another individual, who is an informal provider of 3 4 in-home and community care to an older individual, or a 5 grandparent or older individual who is a relative caregiver. б "Child" or "children" means an individual or individuals 7 18 years of age or under. "Department" means the Department on Aging. 8 9 "Eligible participant" means a family caregiver or a grandparent or older individual who is a relative caregiver. 10 11 "Family caregiver support services" includes, but is not limited to, the following: 12 13 (1) Information to caregivers about available 14 services. 15 (2) Assistance to caregivers in gaining access to 16 the services. (3) Individual counseling, organization of support 17 groups, and caregiver training for caregivers to assist 18 19 the caregivers in making decisions and solving problems relating to their caregiving roles. 20 (4) Respite care to enable caregivers to be 21 relieved from their caregiving 22 temporarily 23 responsibilities. (5) Supplemental services, on a limited basis, to 24 25 complement the care provided by the caregivers. (6) Other services as identified by the Department 26 and defined by rule. 27 "Frail individual" means an older individual who is 28 29 determined to be functionally impaired because the individual 30 (i) is unable to perform from at least 2 activities of daily living without substantial human assistance, including verbal 31 32 reminding, physical cueing, or supervision or (ii) due to a 33 cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that 34

poses a serious health or safety hazard to the individual or
 to another individual.

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3 "Grandparent or older individual who is a relative 4 caregiver" means a grandparent or step-grandparent of a 5 child, or a relative of a child by blood or marriage, who:

6

(1) lives with the child;

7 (2) is the primary caregiver for the child because
8 the child's biological or adoptive parents are unable or
9 unwilling to serve as the primary caregiver for the
10 child; and

11 (3) has a legal relationship to the child, such as 12 legal custody or guardianship, or is raising the child 13 informally.

14 "Informal provider" means an individual who is not 15 compensated for the care he or she provides.

16 "Older individual" means an individual who is 60 years of 17 age or older, except for a grandparent or older individual 18 who is a relative caregiver.

19 "Respite care" means substitute supports or living arrangements provided on an intermittent, occasional basis. 20 21 The term includes, but is not limited to, in-home respite care, adult day care, child care, and institutional care. The 22 23 term also includes respite care as defined in Section 2 of the Respite Program Act to the extent that such services are 24 25 allowable and participants are eligible under the National Family Caregiver Support Program. 26

27 Section 16. Family caregiver demonstration grant. The Department shall seek federal funding for the establishment 28 29 and assessment of a Family Caregiver Training and Support Demonstration Project. The Department is authorized to fund 2 30 sites, one in a rural community and one in a more urban area. 31 The Department shall adopt rules governing participation and 32 33 oversight of the program. The Department shall seek

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6 Section 20. Powers and duties of the Department. The 7 Department shall administer this Act and shall adopt rules 8 and standards the Department deems necessary for that 9 purpose. At a minimum, those rules and standards shall 10 address the following:

11 (1) Standards and mechanisms designed to ensure the 12 quality of services provided with assistance made 13 available under this Act.

14 (2) Data collection and record maintenance.
15 The Department shall administer this Act in coordination
16 with Section 4.02 and related provisions of the Illinois Act
17 on the Aging.

Section 25. Provision of services. The Department shall 18 19 contract with area agencies on aging and other appropriate agencies to conduct family caregiver support services to the 20 extent of available State and federal funding. Services 21 provided under this Act must be provided according to the 22 23 requirements of federal law and rules, except for the provision of services to grandparents or older individuals 24 who are relative caregivers when State funding is utilized to 25 provide those services. 26

27 Section 30. Eligibility for respite and supplemental 28 services. When a family caregiver is providing in-home and 29 community care to an older individual, the older individual 30 must be a frail individual as defined in this Act in order 31 for the family caregiver to be eligible to receive respite 1 and supplemental services.

2 Section 35. Health care practitioners and facilities not 3 impaired. Nothing in this Act shall impair the practice of 4 any licensed health care practitioner or licensed health care 5 facility.

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Section 40. Entitlement not created; funding; waivers. б 7 Nothing in this Act creates or provides any (a) individual with an entitlement to services or benefits. It is 8 9 the General Assembly's intent that services under this Act shall be made available only to the extent of the 10 availability and level of appropriations made by the General 11 Assembly. 12

13 (b) The Director may seek and obtain State and federal 14 funds that may be available to finance services under this 15 Act, and may also seek and obtain other non-State resources 16 for which the State may be eligible.

17 (c) The Department may seek appropriate waivers of 18 federal requirements from the U.S. Department of Health and 19 Human Services.

20 Section 90. The Respite Program Act is amended by 21 changing Sections 1.5, 2, 3, 4, 5, 6, 8, 11, and 12 as 22 follows:

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(320 ILCS 10/1.5) (from Ch. 23, par. 6201.5)

Sec. 1.5. Purpose. It is hereby found and determined by the General Assembly that respite care provides relief and support to the primary care-giver of a frail or-abused or functionally disabled or-cognitively-impaired-older adult and provides by-providing a break for the caregiver from the continuous responsibilities of care-giving. Without this support, the primary care-giver's ability to continue in his or her role would be jeopardized; thereby increasing the risk of institutionalization of the frail er--abused or functionally disabled er-cognitively-impaired-elder adult.

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4 By providing improving-and-expanding-the-in-home respite 5 care services---currently--available through intermittent planned or emergency relief to the care-giver during the 6 regular week-day, evening, and weekend hours, both the 7 special physical and psychological needs of the primary 8 9 care-giver and the frail or-abused or functionally disabled, or--cognitively-impaired-older adult, who is the recipient of 10 11 continuous care, shall be met reducing or preventing the need 12 for institutionalization.

Furthermore, the primary care-giver providing continuous 13 is frequently under substantial financial stress. 14 care 15 Respite care and other supportive services sustain and 16 preserve the primary care-giver and family caregiving unit. It is the intent of the General Assembly that this amendatory 17 Act of-1992 ensure that Illinois primary care-givers of frail 18 or--abused or functionally disabled or-cognitively-impaired 19 older adults have access to affordable, appropriate in-home 20 21 respite care services.

22 (Source: P.A. 87-974.)

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24

(320 ILCS 10/2) (from Ch. 23, par. 6202)

Sec. 2. Definitions. As used in this Act:

(1) "Respite care" means the provision of intermittent 25 and temporary substitute care or supervision of frail 26 θf abused or functionally disabled or-cognitively-impaired-older 27 28 adults on behalf of and in the absence of the primary care-giver, for the purpose of providing relief from the 29 stress or responsibilities concomitant with providing 30 constant care, so as to enable the care-giver to continue the 31 provision of care in the home. Respite care should be 32 33 available to sustain the primary care-giver throughout the 1 period of care-giving, which can vary from several months to 2 a number of years. Respite care can be provided in the home, in a community--based day care setting during the day, 3 4 overnight, in a substitute residential setting such as a long-term care facility required to be licensed under the 5 Nursing Home Care Act or the Assisted Living and Shared 6 Housing Act, or for more extended periods of time on a 7 8 temporary basis.

9 (1.5) "In-home respite care" means care provided by an appropriately trained paid worker providing short-term 10 11 intermittent care, supervision, or companionship to the frail 12 or disabled adult in the home while relieving the care-giver, by permitting a short-term break from the care-giver's 13 care-giving role. This support may contribute to the delay, 14 15 reduction, and prevention of institutionalization by enabling 16 the care-giver to continue in his or her care-giving role. In-home respite care should be flexible and available in a 17 manner that is responsive to the needs of the care-giver. 18 This may consist of evening respite care services that are 19 available from 6:00 p.m. to 8:00 a.m. Monday through Friday 20 and weekend respite care services from 6:00 p.m. Friday to 21 22 8:00 a.m. Monday.

(2) "Care-giver" shall mean the family member or other natural person who normally provides the daily care or supervision of a frail,-abused or disabled elderly adult. Such care-giver may, but need not, reside in the same household as the frail or disabled adult.

28 (3) <u>(Blank)</u>. "Provider"-shall-mean-any-entity-enumerated 29 in-paragraph-(1)-of-this-Section-which--is--the--supplier--of 30 services-providing-respite.

31 (4) <u>(Blank).</u> "Sponsor"--shall-mean-the-provider,-public 32 agency-or-community-group--approved--by--the--Director--which 33 establishes--a--contractual--relationship-with-the-Department 34 for-the-purposes-of-providing-services-to-persons-under--this Act,---and--which--is--responsible--for--the--recruitment--of providers,--the--coordination--and--arrangement--of--provider services-in-a-manner-which-meets-client--needs,--the--general supervision--of-the-local-program,-and-the-submission-of-such information-or-reports-as-may-be-required-by-the-Director.

6 (5) (Blank). "Director"--shall--mean--the--Director--of 7 Aging-

8

(6) "Department" shall mean the Department on Aging.

9 (7) <u>(Blank)</u>. "Abused"--shall--have--the--same---meaning 10 ascribed--to--it--in--Section--103--of--the-Illinois-Domestic 11 Violence-Act-of-1986.

"Frail or disabled adult" shall mean any person 12 (8) 13 suffering--from-Alzheimer's-disease who is 60 55 years of age or older and or-any-adult-60--years--of--age--or--older, who 14 15 either (i) suffers from Alzheimer's disease or a related 16 disorder or (ii) is unable to attend to his or her daily 17 needs without the assistance or regular supervision of a care-giver due to mental or physical impairment and who is 18 otherwise eligible for services on the basis of his or her 19 level of impairment. 20

21 (9) "Emergency respite care" means the immediate 22 placement of a trained, in-home respite care worker in the 23 home during an emergency or unplanned event, or during a 24 temporary placement outside the home, to substitute for the 25 primary care-giver. Emergency respite care may be provided 26 in--the--home on one or more occasions unless an extension is 27 deemed necessary by the case coordination unit. When there is an urgent need for emergency respite care, procedures to 28 29 accommodate this need must be determined. An emergency is:

30 (a) An unplanned event that results in the
31 immediate and unavoidable absence of the primary
32 care-giver from the home in an excess of 4 hours at a
33 time when no other qualified care-giver is available.
34 (b) An unplanned situation that prevents the

primary care-giver from providing the care required by a frail or abused-or-functionally disabled or-cognitively impaired adult living at home.

4 (c) An unplanned event that threatens the health 5 and safety of the <u>frail or</u> disabled adult.

6 (d) An unplanned event that threatens the health
7 and safety of the primary care-giver thereby placing the
8 frail or abused-or-functionally disabled or-cognitively
9 impaired-older adult in danger.

10 (10) (Blank). "Primary--care-giver"--means--the--spouse, 11 relative,--or--friend,-18-years-of-age-or-older,-who-provides 12 the-daily-in-home-care-and-supervision-of-a-frail--or--abused 13 or-functionally-disabled-or-cognitively-impaired-older-adult. A-primary-care-giver-may,-but-does-not-need-to,-reside-in-the 14 15 same--household--as--the--frail--or--abused--or--functionally 16 disabled--or-cognitively-impaired-adult--A-primary-care-giver 17 requires-intermittent--relief--from--his--or--her--caregiving duties-to-continue-to-function-as-the-primary-care-giver. 18 (Source: P.A. 91-357, eff. 7-29-99; 92-16, eff. 6-28-01.) 19

20 (320 ILCS 10/3) (from Ch. 23, par. 6203)

Sec. 3. Respite Program. The Director is hereby authorized to <u>administer a program of</u> establish--respite projects-for-the-purposes-of-providing-care-and assistance to persons in need and to deter the institutionalization of frail or disabled or--functionally--disabled--or--cognitively impaired adults.

27 (Source: P.A. 87-974.)

28 (320 ILCS 10/4) (from Ch. 23, par. 6204)

Sec. 4. No Limit to Care. Nothing contained in this Act shall be construed so as to limit, modify or otherwise affect the provisions, for long-term in-home services <u>being provided</u> <u>under,-of</u> Section 4.02 of the Illinois Act on the Aging.

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1	(Source: P.A. 87-974.)
2	(320 ILCS 10/5) (from Ch. 23, par. 6205)
3	Sec. 5. Eligibility. The Department may establish
4	eligibility standards for respite services taking into
5	consideration the unique economic and social needs of the
6	population for whom they are to be provided. The population
7	identified for the purposes of this Act includes persons
8	suffering from Alzheimer's disease <u>or a related disorder</u> and
9	persons who are <u>60</u> 55 years of age or older,-er-persons-age
10	60-and-older with an identified service need. Priority shall
11	be given in all cases to frail,abused or functionally
12	disabled or-eognitively-impaired adults.
13	(Source: P.A. 87-974.)
14	(320 ILCS 10/6) (from Ch. 23, par. 6206)
15	Sec. 6. Responsibilities. Thefollowing-requirements
16	shall-apply-for-any-projects-authorized-underSection3of
17	this-Act:
18	(a) The <u>Department</u> Director shall <u>administer this Act</u>
19	and shall adopt rules and standards the Department deems
20	necessary for that purpose establish-target-areas-needing
21	respite-care-services.
22	(b) The <u>Department</u> Director shall <u>make grants to or</u>
23	contract with Area Agencies on Aging and other appropriate
24	community-based organizations to provide respite care under
25	this Act publicizetheexistenceof,-and-make-available,
26	application-forms-for-sponsors-seeking-to-establish-a-respite
27	program.
28	(c) <u>(Blank)</u> . The-application-formsshallrequirethe
29	followinginformation-and-any-other-information-the-Director
30	deems-necessary.

31	(1)Identity-and-qualifications-of-a-sponsor.
32	(2)Identity-and-qualifications-of-a-provider-and-a

1 plan-for-the-coordination-of-services. 2 (3)--An-assessment-of-the--community--need,--support 3 and--participation--for-respite-services---The-assessment 4 shall-include-documentation. 5 (4)--Plans-for-the-coordination-and--arrangement--of provider-services-in-a-manner-that-meets-client-needs. 6 7 (5)--A--fiscal--plan,--including-specific-provisions 8 for-the-utilization-of-existing-reimbursement-and-funding 9 sources-and-the-development-of-local-financial-support. 10 (6)--Plans--for--publicizing--the--purpose--of---the 11 project-and-the-services-to-be-provided. 12 (7)--Certification--of-licensure-or-certification-of 13 any-individual,-agency-or-family-providing-a-service 14 subject-to-licensure,-or-certification-under-State-law. 15 (Blank). The-Director-shall-review-and-evaluate-each (d) 16 application--and--present--each--application--for--review-and 17 evaluation-by-the-Council-on-Aging-established-under--Section 7--of--the--Illinois--Act--on-the-Aging---The-Council-and-the 18 19 Department-shall-approve-a-number-of-applications-and,-within 20 the-amounts-appropriated,-award-grants-for-the--operation--of 21 respite-programs. 22 <u>(Blank).</u> The--application-approved-by-the-Director (e) 23 and-the-Council-on-Aging-shall-be-the--service--plan--of--the 24 provider --- The -- Director - shall - ensure - that - each - service - plan 25 is-coordinated-with-the-designated-area-agency--provided--for in--Sections--3.07-and-3.08-of-the-Illinois-Act-on-the-Aging, 26 27 the-local-public-health-authority,-and-any--other--public--or 28 private--service-provider-to-ensure-that-every-effort-will-be 29 made--to--utilize--existing--funding--sources---and---service 30 providers-and-to-avoid-unnecessary-duplication-of-services. 31 (f) Nothing in this Act shall be construed to limit, 32 modify, or otherwise affect the provision of long-term in-home services under Section 4.02 of the Illinois Act on 33 34 the Aging.

1 (Source: P.A. 87-974.)

2 (320 ILCS 10/8) (from Ch. 23, par. 6208)

3 Sec. 8. Funding. Services Respite-projects authorized under this Act shall be funded only to the extent of 4 5 available appropriations for such purposes. The Director may shall seek and obtain State and federal funds that may be 6 7 available to finance respite care grants--awarded under Section-6-of this Act, and may shall also seek and obtain 8 other non-state resources for which the State may be 9 10 eligible. Implementation-of-projects-under-this-Act-shall-be contingent--upon--the--availability--of---federal---financial 11 participation --- To-the-extent-necessary-for-implementation-of 12 this--Act, The Department may shall seek appropriate waivers 13 14 of federal requirements from the U.S. Department of Health 15 and Human Services.

16 (Source: P.A. 87-974.)

17 (320 ILCS 10/11) (from Ch. 23, par. 6211)

18 Sec. 11. Respite Care Worker Training.

19 (a) A respite care worker shall be an appropriately 20 trained individual whose duty it is to provide in-home 21 supervision and assistance to a frail or--abused or 22 functionally disabled or-cognitively-impaired-older adult in 23 order to allow the primary care-giver a break from his or her 24 continuous care-giving responsibilities.

25 The Director may prescribe minimum training (b) guidelines standards for respite care workers to ensure that 26 27 the special needs of persons receiving services under this 28 Act and their primary caregivers will be met. The Director may designate Alzheimer's disease associations and community 29 30 agencies to conduct such training. Nothing in this Act 31 should be construed to exempt any individual providing a service subject to licensure or certification under State law 32

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      from these requirements.
      (Source: P.A. 87-974.)
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          (320 ILCS 10/12) (from Ch. 23, par. 6212)
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         Sec. 12. Annual Report. The Director shall submit a
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      report each year to the Governor and the General Assembly
 б
      detailing the progress of the respite care services provided
      programs--established under this Act.
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                                                The--report-shall
 8
      include:
         (a)--a-financial-report-for-each-program;
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10
          (b)--a-qualitative-and-quantitative-profile-of--sponsors,
11
     providers,--care-givers--and--recipients-participating-in-the
12
     program;
13
          (c)--a--comparative---assessment---of---the---costs---and
14
      effectiveness--of--each--10rvice--or--combination-of-services
15
     provided;
16
          (d)--an-assessment-of-the-nature-and-extent-of-the-demand
17
      for-services;-and
18
          (e)--an-evaluation-of-the-success-of--programs--receiving
      grants-for-services.
19
      (Source: P.A. 87-974.)
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21
         (320 ILCS 10/7 rep.)
         (320 ILCS 10/9 rep.)
22
23
          (320 ILCS 10/10 rep.)
         Section 91. The Respite Program Act is amended by
24
25
      repealing Sections 7, 9, and 10.
26
          Section 99. Effective date. This Act takes effect upon
27
     becoming law.
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