

1 AN ACT concerning professional regulation.

2 Be it enacted by the People of the State of Illinois,
3 represented in the General Assembly:

4 Section 5. The Illinois Athletic Trainers Practice Act
5 is amended by changing Section 3 as follows:

6 (225 ILCS 5/3) (from Ch. 111, par. 7603)

7 Sec. 3. Definitions. As used in this Act:

8 (1) "Department" means the Department of Professional
9 Regulation.

10 (2) "Director" means the Director of Professional
11 Regulation.

12 (3) "Board" means the Illinois Board of Athletic
13 Trainers appointed by the Director.

14 (4) "Licensed athletic trainer" means a person licensed
15 to practice athletic training under as defined in this Act
16 and with the specific qualifications set forth in Section 9
17 of this Act who, upon the direction and referral of a
18 physician licensed under the Medical Practice Act of 1987 or
19 a physician licensed under the Podiatric Medical Practice Act
20 of 1987 limited to issues of the foot and ankle, carries out
21 the practice of prevention, recognition, evaluation,
22 management, treatment, disposition, and athletic
23 rehabilitation. of his or her team physician or consulting
24 physician, carries out the practice of prevention/emergency
25 care or physical reconditioning of injuries incurred by
26 athletes participating in an athletic program conducted by an
27 educational institution, professional athletic organization,
28 or sanctioned amateur athletic organization employing the
29 athletic trainer; or a person who, under the direction of a
30 physician, carries out comparable functions for a health
31 organization-based extramural program of athletic training

1 ~~services--for--athletes.~~ Specific duties of the athletic
2 trainer include but are not limited to:

3 A. supervision of the selection, fitting, and
4 maintenance of protective equipment;

5 B. provision of assistance to the coaching staff in
6 the development and implementation of conditioning
7 programs;

8 C. counseling of athletes on nutrition and hygiene;

9 D. supervision of athletic training facility and
10 inspection of playing facilities;

11 E. selection and maintenance of athletic training
12 equipment and supplies;

13 F. instruction and supervision of student trainer
14 staff;

15 G. coordination with a team physician to provide:

16 (i) pre-competition physical exam and health
17 history updates,

18 (ii) game coverage or phone access to a
19 physician or paramedic,

20 (iii) follow-up injury care,

21 (iv) athletic rehabilitation and
22 reconditioning programs, and

23 (v) assistance on all matters pertaining to
24 the health and well-being of athletes; -

25 H. provision of on-site injury care and evaluation
26 as well as appropriate transportation, follow-up
27 treatment and rehabilitation as necessary for all
28 injuries sustained by athletes in the program;

29 I. with a physician, determination of when an
30 athlete may safely return to full participation
31 post-injury; and

32 J. maintenance of complete and accurate records of
33 all athletic injuries and treatments rendered.

34 To carry out these functions the athletic trainer is

1 authorized to utilize modalities including, but not limited
2 to, such-as heat, light, sound, cold, electricity, exercise,
3 therapeutic massage, mobilization, or mechanical and
4 protective devices related to treatment and rehabilitation
5 care-and-reconditioning.

6 (5) "Referral" means the guidance and or direction to
7 ~~the-athletic--trainer~~ given by the physician, who shall
8 maintain supervision of the athlete.

9 (6) "Athlete" means an individual who participates in
10 sports, athletic competitions or practices, athletic fitness
11 training, athletic conditioning, or athletic recreational
12 activities, as determined by a physician.

13 (Source: P.A. 91-357, eff. 7-29-99.)