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HOUSE RESOLUTION

WHEREAS, The Taoist Tai Chi Society USA-Illinois is celebrating its Tenth Anniversary and the Grand Opening of its center in Arlington Heights on July 24, 2004; and

WHEREAS, The Taoist Tai Chi Society USA-Illinois teaches classes in Taoist Tai Chi in Arlington Heights, Chicago, and Lombard and at senior centers and park districts in Palatine, Glenview, Northbrook, Rolling Meadows, and Lombard; and

WHEREAS, The Taoist Tai Chi Society USA-Illinois is a volunteer, non-profit organization and is one of 500 such branches of the International Taoist Tai Chi Society in more than two dozen states and 25 countries throughout the world; and

WHEREAS, The Taoist Tai Chi Society was founded by Mr. Moy Lin Shin, who came to Canada from Hong Kong in 1970 and devoted his life to bringing the healing benefits of Taoist Tai Chi to others; and

WHEREAS, The Taoist Tai Chi Society USA-Illinois teaches Taoist Tai Chi for the dual cultivation of body and mind and has a special outreach to seniors and those who struggle with illness; and

WHEREAS, Taoist Tai Chi incorporates stretching and turning into a sequence of movements that improve the health of body, mind, and spirit, and can reduce tension, improve circulation, balance, and flexibility, and strengthen the immune system; and

WHEREAS, Instructors in the Taoist Tai Chi Society are nationally accredited volunteers, and follow the aims and objectives of the Taoist Tai Chi Society, which are to make

1 Taoist Tai Chi available to all, to promote the health-giving
2 qualities of Taoist Tai Chi, to promote cultural exchange, and
3 to help others; and

4 WHEREAS, It is fitting for the State of Illinois to promote
5 the health and well-being of its residents; therefore, be it

6 RESOLVED, BY THE HOUSE OF REPRESENTATIVES OF THE
7 NINETY-THIRD GENERAL ASSEMBLY OF THE STATE OF ILLINOIS, that we
8 congratulate the Taoist Tai Chi Society USA-Illinois on its
9 work, and we proclaim July 24, 2004 to be Taoist Tai Chi
10 Awareness Day in the State of Illinois; and be it further

11 RESOLVED, That a suitable copy of this resolution be
12 presented to the Taoist Tai Chi Society USA-Illinois as an
13 expression of our respect and esteem.