# 94TH GENERAL ASSEMBLY

## State of Illinois

# 2005 and 2006

#### HB0250

Introduced 1/14/2005, by Rep. Mary E. Flowers

## SYNOPSIS AS INTRODUCED:

105 ILCS 125/3.5 new 105 ILCS 110/3 30 ILCS 805/8.29 new

from Ch. 122, par. 863

Amends the School Breakfast and Lunch Program Act. Requires a school board (including the board of a private school) that (1) completes a nutritional analysis of traditional or enhanced food-based menu plans as part of the State review process, (2) provides its meals under a nutrient-based menu plan, or (3) utilizes software that calculates the nutritional content of foods or menus to publish the school lunch menu and the nutrition content, including calories, of each meal item. Provides that all other school boards are strongly encouraged to publish the school lunch menu and the nutrition content, including calories, of each meal item. Provides that a school board may determine the frequency and manner of publication. Amends the Critical Health Problems and Comprehensive Health Education Act. Requires a comprehensive health education program to include instruction in secondary schools on clinical depression and suicide prevention. Amends the State Mandates Act to require implementation without reimbursement. Effective immediately.

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FISCAL NOTE ACT MAY APPLY STATE MANDATES ACT MAY REQUIRE REIMBURSEMENT HB0250

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AN ACT concerning education.

# 2 Be it enacted by the People of the State of Illinois, 3 represented in the General Assembly:

Section 5. The School Breakfast and Lunch Program Act is
amended by adding Section 3.5 as follows:

6 (105 ILCS 125/3.5 new)

Sec. 3.5. Publication of lunch menu. A school board that 7 does any one of the following must publish the school lunch 8 menu and the nutrition content, including calories, of each 9 meal item: 10 (1) Completes a nutritional analysis of traditional or 11 enhanced food-based menu plans as part of the State review 12 13 process. 14 (2) Provides its meals under a nutrient-based menu 15 plan. (3) Utilizes software that calculates the nutritional 16 content of foods or menus. 17 All other school boards are strongly encouraged to publish the 18 19 school lunch menu and the nutrition content, including calories, of each meal item. 20

21 <u>A school board may determine the frequency and manner of</u> 22 <u>publication.</u>

23 Section 10. The Critical Health Problems and Comprehensive 24 Health Education Act is amended by changing Section 3 as 25 follows:

26 (105 ILCS 110/3) (from Ch. 122, par. 863)

27 Sec. 3. Comprehensive Health Education Program. The 28 program established under this Act shall include, but not be 29 limited to, the following major educational areas as a basis 30 for curricula in all elementary and secondary schools in this HB0250

1 State: human ecology and health, human growth and development, 2 emotional, psychological, physiological, hygienic and the 3 social responsibilities of family life, including sexual abstinence until marriage, prevention and control of disease, 4 5 including instruction in grades 6 through 12 on the prevention, transmission and spread of AIDS, public and environmental 6 health, consumer health, safety education and disaster 7 8 survival, mental health and illness (including instruction in 9 secondary schools on clinical depression and suicide prevention), personal health habits, alcohol, drug use, and 10 11 abuse including the medical and legal ramifications of alcohol, 12 and tobacco use, abuse during pregnancy, drug, sexual 13 abstinence until marriage, tobacco, nutrition, and dental health. Notwithstanding the above educational areas, the 14 15 following areas may also be included as a basis for curricula 16 in all elementary and secondary schools in this State: basic 17 first aid (including, but not limited to, cardiopulmonary resuscitation and the Heimlich maneuver), early prevention and 18 19 detection of cancer, heart disease, diabetes, stroke, and the 20 prevention of child abuse, neglect, and suicide. The school board of each public elementary and secondary school in the 21 State shall encourage all teachers and other school personnel 22 23 to acquire, develop, and maintain the knowledge and skills necessary to properly administer life-saving techniques, 24 25 including without limitation the Heimlich maneuver and rescue 26 breathing. The training shall be in accordance with standards 27 of the American Red Cross, the American Heart Association, or 28 another nationally recognized certifying organization. Α 29 school board may use the services of non-governmental entities 30 whose personnel have expertise in life-saving techniques to 31 instruct teachers and other school personnel in these 32 techniques. Each school board is encouraged to have in its employ, or on its volunteer staff, at least one person who is 33 certified, by the American Red Cross or by another qualified 34 35 certifying agency, as qualified to administer first aid and cardiopulmonary resuscitation. In addition, each school board 36

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1 is authorized to allocate appropriate portions of its institute 2 or inservice days to conduct training programs for teachers and other school personnel who have expressed an interest in 3 becoming qualified to administer emergency first aid or 4 5 cardiopulmonary resuscitation. School boards are urged to encourage their teachers and other school personnel who coach 6 school athletic programs and other extracurricular school 7 activities to acquire, develop, and maintain the knowledge and 8 9 skills necessary to properly administer first aid and 10 cardiopulmonary resuscitation in accordance with standards and 11 requirements established by the American Red Cross or another 12 qualified certifying agency. No pupil shall be required to take 13 or participate in any class or course on AIDS or family life instruction if his parent or guardian submits written objection 14 15 thereto, and refusal to take or participate in the course or 16 program shall not be reason for suspension or expulsion of the 17 pupil.

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Curricula developed under programs 18 established in 19 accordance with this Act in the major educational area of 20 alcohol and drug use and abuse shall include classroom instruction in grades 5 through 12. The instruction, which 21 shall include matters relating to both the physical and legal 22 23 effects and ramifications of drug and substance abuse, shall be integrated into existing curricula; and the State Board of 24 25 Education shall develop and make available to all elementary 26 and secondary schools in this State instructional materials and 27 guidelines which will assist the schools in incorporating the 28 instruction into their existing curricula. In addition, school 29 districts may offer, as part of existing curricula during the 30 school day or as part of an after school program, support services and instruction for pupils or pupils whose parent, 31 32 parents, or guardians are chemically dependent.

33 (Source: P.A. 92-23, eff. 7-1-01.)

34 Section 90. The State Mandates Act is amended by adding 35 Section 8.29 as follows: (30 ILCS 805/8.29 new)
 Sec. 8.29. Exempt mandate. Notwithstanding Sections 6 and 8
 of this Act, no reimbursement by the State is required for the
 implementation of any mandate created by this amendatory Act of
 the 94th General Assembly.
 Section 99. Effective date. This Act takes effect upon

7 becoming law.