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HOUSE RESOLUTION

WHEREAS, On January 30, 2007, the 2007 NuStep Pinnacle Award for excellence in senior wellness/fitness programming will be presented to Mather's-More Than a Cafe; and

WHEREAS, Mather's-More Than a Cafe is owned and operated by Mather LifeWays; and

WHEREAS, Mather LifeWays, based in Evanston, was founded in 1941 by humanitarian Alonzo Mather; Mather LifeWays is a not-for-profit organization dedicated to providing ways to age well; Mather LifeWays is dedicated to making neighborhoods better places for older adults to live, work, learn, contribute, and play; Mather LifeWays identifies, implements, and shares the best practices for wellness, workforce issues, memory care support, and empowering caregivers; and

WHEREAS, Mather's-More Than a Cafe is a destination where older adults can enjoy food, lifelong learning programs, and classes focused on well-being; and

WHEREAS, The NuStep Pinnacle Award honors a fitness or wellness center that demonstrates creativity, innovation, and commitment to transform the lives of people and promote optimal health; and

1 WHEREAS, Mather's-More Than a Cafe is located on 83rd
2 Street on the South Side of Chicago; it provides wellness
3 education in six dimensions: physical, social, emotional,
4 vocational, spiritual, and intellectual; people can enjoy a
5 healthy, freshly-prepared meal, a museum outing, computer
6 classes, jazzercise, line dancing, yoga, or tai chi classes in
7 a comfortable sitting; therefore, be it

8 RESOLVED, BY THE HOUSE OF REPRESENTATIVES OF THE
9 NINETY-FIFTH GENERAL ASSEMBLY OF THE STATE OF ILLINOIS, that we
10 congratulate Mather LifeWays and Mather's-More Than a Cafe on
11 receiving the 2007 NuStep Pinnacle Award; and be it further

12 RESOLVED, That a suitable copy of this resolution be
13 presented to Beedie Jones, manager of Mather's-More Than a
14 Cafe, Randi Klebanoff, manager of wellness initiatives for
15 Mather LifeWays, and Carla Windhorst, vice president of
16 community initiatives for Mather LifeWays as a symbol of our
17 respect.